NIAGARA COLLEGE
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Niagara News

Volume 24, No. 13 FREE Friday, March 18, 1994

INFORMING NIAGARA COLLEGE

New SAC members, see photos Page 3

Curling team wins silver, see Page 11

Saso defends purchase

New campus location under fire

By ANDREA SNIDER
Staff Writer

Niagara College is under attack again for its purchase of 50 acres of land just outside of St. Catharines to build a new campus.

The St. Catharines Standard's March 12 Bystander column written by John Nicol outlines the plight of the group, Healthy Cities, who disagree with the decision to build in Niagara-on-the-Lake because students could not walk to the campus.

The group would also like to see the new campus in downtown St. Catharines in the hope it would somehow revitalize the economy, and have suggested occupying the old YMCA or the second floor of a parking garage.

College President John Saso is concerned by the article and knows the college has made the right decision with its purchase of land near Glendale Avenue and the QEW.

"The college does not pay taxes. If we located in downtown St. Catharines, the City of St. Catharines would be forced to forfeit thousands of dollars in taxes, which would ultimately be the responsibility of the taxpayers," Saso said.

'We're interested in expansion'

Saso said he is discouraged by the lack of vision shown in wanting the college to occupy vacated premises in downtown St. Catharines.

"Neither taxpayers, students nor the city could be well served in such an initiative," he said, citing reasons such as inadequate parking facilities, congestion, and the high cost of land downtown.

"The Ministry of Transportation (MTO) spent $5.1 million on eight acres of land in downtown St. Catharines, and we bought 50 acres in Niagara-on-the-Lake for roughly a quarter of that cost," Saso said.

Another major reason the college plans to "plunk its campus down in the countryside" is future expansion.

"We're interested in expansion, and if we take up room in downtown St. Catharines, there will be no room," he said.

The Nicol column also states that public involvement was not welcome during the research period of the planning, but Niagara College opened every opportunity for discussion.

"We have worked together with the City of St. Catharines, the mayor and city council for 2 1/2 years. We chose four sites, studied them and recognized that we had to go just outside of St. Catharines," Saso said.

New SAC members announced — again!

By GREG FURMINGER
Staff Writer

It seems like only in the last edition of The Niagara News there was a list of the new Student Administrative Council. There was, and now it's time to announce SAC membership for 1994-95.

Four positions for next year's SAC have been acclaimed for lack of candidates and two positions remain open because nobody applied to run. Nomination kits were available the last week of February for students interested in running for SAC.

Bernie Kurek will retire as vice-president social to become president during a changeover conference at the end of April, while Jeff Poulin remains vice-president external. Newcomers Jason Graham and Dawn Swayze will take respective office as executive vice-president and vice-president internal.

The positions for vice-president athletics and vice-president social are open for further nominations until today, said SAC liaison Lou DiMattio.

An election to fill remaining offices will be held Tuesday, April 19. The SAC constitution requires that 21 days' notice be given to candidates before calling an election, DiMattio said. If positions are not challenged or acclaimed by today an election will be held in September.

Kurek, 28, said he was disappointed with the way he earned his president-elect title. "I would have liked to been elected rather than just walk into it."

Trevor Obee, executive vice-president, said he had intended to challenge Kurek but missed the nomination deadline because of personal matters. Obee said he will be submitting a nomination to run for vice-president social.

Kurek said he hopes to see more school spirit while in office next fall.

"(School spirit) started picking up at the end of this year," he said. "I hope it will carry on next year."

He said he wants SAC to operate more smoothly and as a team compared to this year's council that was plagued with personnel changes.

Kurek, a first-year Law and Security Administration program stu-

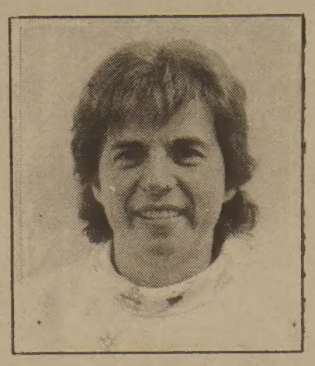
Continued on Page 9

Hockey Knights make history-win OCAA silver medal

The Niagara Knights hockey team won the Ontario Colleges Athletic Association's silver medal for the first time in Niagara College's history. The Knights beat OCAA's No.1 ranked team, the Seneca College Braves, 6-5 on March 11 to move to the OCAA gold medal game against Conestoga College. The Knights lost the finals 7-3 to Final Four host Conestoga in Kitchener, March 12. (See full story on page 10.)

Photo by Stuart McDonald

Close friend's attitude to life 'was a real inspiration'



By Heather Hodgson
Law and Security Administration
Program
Special to Niagara News

A very strong factor in substance abuse resistance is your choice of friends. Usually they reflect the feelings you hold. Sometimes those feelings are so deeply buried it takes friends, true friends, to help you find them.

One of life's most precious treasures is friendship. When I look back, I realize my darkest moments were made a little brighter and my greatest triumphs glowed warmer when shared with friends. I have been very fortunate in my life. I have some very true and loyal friends. One of these friends, Cathy Panzica, has been a true inspiration.

Cathy was in her late 20s when we first met. I was a friend of her parents and had been invited to their house for dinner. At first, Cathy and I seemed to have little in common. But, her warmth, caring nature and her positive outlook wove our lives together. She soon became the "kid sister" I had always wanted.

A major difference between us was health. Cathy was born with cerebral palsy. In addition, she suffered from, and overcame, many debilitating illnesses. She was a fighter from birth. The doctors claimed she wouldn't live more than a few hours. Later, they claimed she would be a "vegetable".

She struggled through stumbles and falls, difficulty in having her speech understood, and, most hurtful of all, ridicule from those who didn't take the time to get to know her. She proved everyone wrong who underestimated her.

She completed her regular high school diploma, then, went on to gain employment. In between work, helping friends friends and family with office duties, she volunteered regularly for Variety Village. In 1992, she received their highest honor in the form of an award for her outstanding volunteer contributions.

In the fall of 1990, Cathy was diagnosed with breast cancer. She was recovering from a radical mastectomy when I was hit by an impaired driver. Cathy was shocked such a thing would happen. Setting aside her own pain and well being, she took on the added strain of worrying about my injuries. We really got to know each other during those long days of recuperation.

Cathy was a real inspiration. Despite her difficulties with speech, mobility and then cancer, she remained positive and supportive of everyone for whom she cared. She was a friend who could be counted on to go the extra mile and never expect anything in return. Continued friendship and respect were the only desired reward.

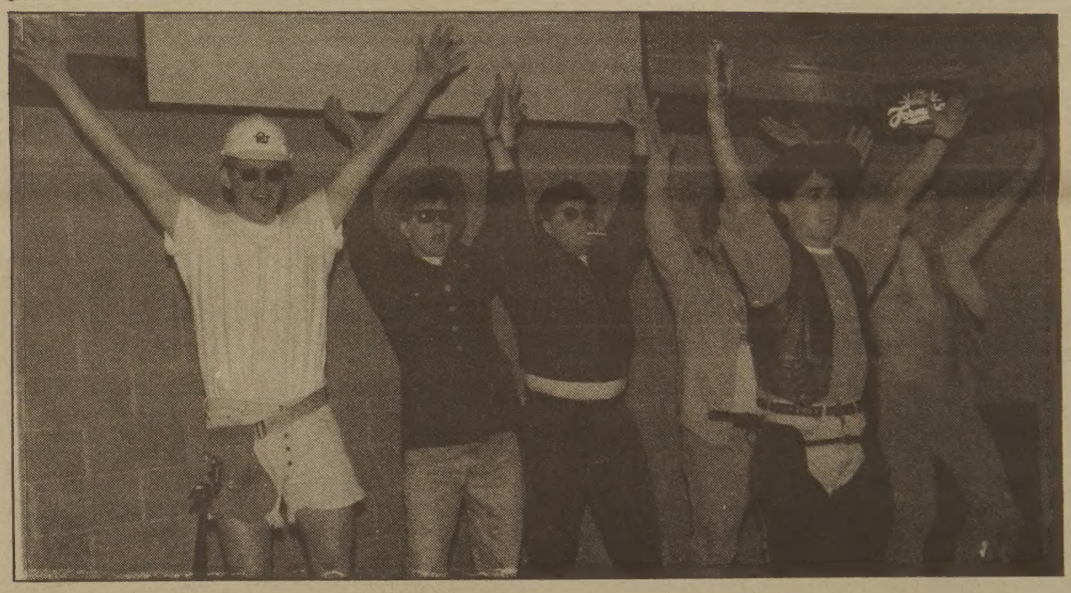
The cancer spread. She underwent chemotherapy, radiation treatments, more tests, more chemotherapy and pain that would make anyone resentful and sorry for themselves. Cathy's outlook was always, "If God didn't think I could handle it, He wouldn't have given it to me to deal with." Her warm smile and gentle nature shone through, giving everyone hope that the doctors were wrong.

Wednesday, March 2, 1994, at the age of 35, Cathy was admitted to hospital. Throughout the day she was appreciative of her family who remained at her side. At about 8:30 that night, Cathy quietly lost her battle.

So many times we look at the problems that surround us...unpaid bills, exams, assignments, squabbles with friends and loved ones. It seems the world is out to get us. We could all learn something from this courageous woman.

Let's put our problems into perspective. If it isn't life threatening, it is just another bump in life's road — deal with it and move on. So many of us carry a chip on our shoulders that just adds to the burden. If it is life threatening, wouldn't it be better to enjoy what is left of our time to share here?

Cathy had every possible reason to be angry, hostile and self-centered. She chose to reach out and breathe in every breath of life with a smile on her face. So should we all.



Is it live or is it Memorex?

The Village People made a special guest appearance at After Hours. Not. It's actually Cunning Stunts performing the disco classic YMCA during Wintercourse activities.

Photo by Greg Furminger

'Screenies' now available for your computer

By TINA YOUNG
Staff Writer

There's something for all computer wizards in the bookstore.

Go in the bookstore and look for "screenies."

Screenies hook onto the computer with velcro, you can take them off whenever you want. There are many designs to choose from. For Treky fans, there are sci-fi designs. The environmentalist can enjoy looking at a screen with rainforests and plants surrounding it. If your thinking of a birthday present for someone, there is also birthday designs.

This new idea is a Canadian venture originating in Oshawa. It was introduced last year, and the company - Screenies - has applied for a patent in North America. It is manufactured in California and made on recycled materials.

The 50 different designs to choose from are priced at $15, about $5 less than sold in Toronto. There are limited editions signed by the artists that students can choose from.

A Canadian Venture

There is one called the wipe off board that comes with a magic marker and you can write directly on the frame.

The screenies are available at the college bookstore.

Career Services available to help students

By SALLY BOND
Staff Writer

With graduation dates nearing, help is available for students struggling with their job search.

The Career Services office at Niagara College can assist students with developing resumes and cover letters as well as providing directories and background information on various businesses.

Due to fierce competition in the job market, the resume is "more important than it used to be, " said Janet Forfar, a career services officer for the college.

Today, resumes must not only list previous places of employment but they must also identify specific job skills and abilities in order to stand out from the competition, she said.

Developing a good resume can be difficult, she said, as it involves self-assessment and having to market yourself.

Career Services is able to help students organize their resumes so their specific attributes and abilities are reflected accurately.

Cover letters, which accompany resumes, allow students to impress upon employers what skills they can bring to that specific company Forfar said.

Files are available on different companies as employers "react very well" to cover letters that are geared to their own company, she said.

The next step is the job interview which Forfar described as a "process of communication."

Students must be able to articulate their various skills so employers can examine and compare them to other applicants, she said.

Forfar said it is essential to prepare before the interview by knowing what education, experience, and strength you can bring to that company.

During a job interview, Forfar said it is acceptable to pause and develop a proper response or ask the employer to clarify his question.

Students should prepare a few questions for the employer, she added, including when to expect a call-back from the company.

Following the interview, a letter should be sent to the business thanking the employer for the opportunity, said Forfar.

Placement services are also available to graduates which resumes are kept on file for six months after graduation along with any restrictions the student might have including wages and willingness to relocate.

A resume and cover letter printing service is also available from the Career Services Office. Students wishing to have resumes and cover letters typed and printed should bring a hand written draft with style preferences indicated. The cost is $7 per page for resumes and $4 per page for cover letters.

To have a resume or cover letter printed from a disk only, students must have the information formatted to print on an HP Laserjet III. Cost for this service is 50 cents per page.

Co-op students are entitled to a discount for both services.

The Career Services Office is open weekdays from 8:30 a.m. to 4:30 p.m. year-round in the Tecumseh wing at the Welland campus. For more information or to book an appointment call 735-2211.

New SAC Members

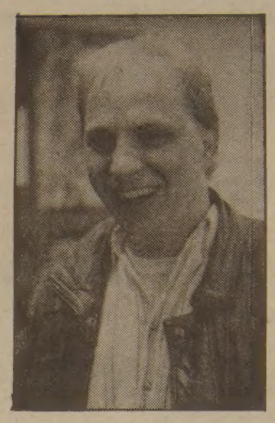
New SAC members for 1994-95: From L-R:

Jeff Poulin, VP external,

Dawn Swayze, VP internal,

Bernie Kurek, President and

Jason Graham, VP.



Spring in the air for Horticultural Centre

First-year Horticulture Technician program students team up to prepare for the 26th Annual Open House March 19 and 20. From left stands Yoko Sako, Judy Van Ryn, Danna Hawke, Corine Mykytiuk, Jennifer McLennan, Stacy Nagy, and Emily Grant.

Photo by Donna Dolynsky

By DONNA DOLYNSKY
Staff Writer

Believe it or not, spring is around the corner, at least for the Niagara College's Horticulture Centre.

Presenting its 26th annual Horticulture Centre Open House and Plant Sale, the students are preparing for their plant sale, displays, workshops, and a spring flower show in conjuction with other area horticulture societies.

"I think we'll do just as good, if not better than last year," said program co-ordinator Tom Ball.

"People are looking forward to seeing flowers for a change — rather than snow," he said, as the event drew more than 4,300 guests last year.

The Open House will take place Saturday, March 19 and Sunday, March 20 at the Horticulture Centre, 360 Niagara St. in St. Catharines, between 9:30 a.m. to 4:30 p.m.

First and second year students began working on projects last Tuesday, building platforms, walkways, fountain displays, wishponds and a plant sales display area.

"We are all on different committees and we are assigned to complete different tasks," said Lynne Prine, 38, a first-year student. She was assisting 18-year-old Alex Ravensburger,a first-year student to re-align a folding window which will be used to accent a fountain display. She said it is quite exciting to anticipate the event and is hoping everything comes together in the end.

"It would be nice to hold it outdoors," said Ball. "But we can't depend on the weather, so we'll set up throughout the greenhouses and building complex."

Refreshments will be available during the two-day, admission-free event. Staff and students will be on hand to assist visitors who have questions about the many items of interest.

"The money that is raised will, with the college's direction, be funnelled back into the program," said Jim Thomson, program technician and groundskeeper.

"This is a lot of work right now," said first-year student, Ailie Miller, 23, "but the weekend will hopefully be a lot of fun."

Crafty ERSN students demonstrate their talents

Students put on monthly showing

By NOREEN BOND
Staff Writer

The first-year Educational Resources and Special Needs (ERSN) students, held their monthly craft show in S101, to help people with learning needs.

"Craft classes provide the first-year ERSN's with the opportunity to prepare and teach a craft that they could do at the work placements with the special needs population," said Elvira Lucas, ERSN program co-ordinator. The craft show benefits the Physical Education and Recreation course, which first-year ERSN students require.

Some of the crafts which were featured at the craft show were sponge painting on pottery. The pottery can be used in various ways such as a planter or a pot-pourri casing.

"It is a nice simple craft that everyone can do," said Jeanne Deslauriers, a first-year ERSN student.

Another table featured T-shirt painting, using pastels, markers and paints on fabrics. "We show each other different crafts that we might be working with," said Amy Hayes, a first-year student. Some T-shirts had animal and flower designs on them, while others had people's names.

An additional table had ERSN students making boxes out of greeting cards. The recycled boxes can hold small items students use to help special needs clients with the measuring and gluing of the cards. "It's a craft that they (special needs students) can do and handle." said first-year student Michelle Machan.

"As I walked around the craft show, the students were very excited. A number were going to go out and try the crafts at their work situations. I am quite proud of their work efforts. I'm pleased with their different ideas. These ideas, (crafts) will be put in a booklet form and published for the students to take with them and use as a future resource." said Lucas.

ERSN students display their talents at a craft show held at the Welland campus.

Photo by Al Gilday

EDITORIAL PAGE

SAC self-absorbed

What a mess.

This year has been one disaster after another for our own Student Adminstrative Council.

SAC have been the focus of attention on campus, consistently for all the wrong reasons.

In a chaotic year, which now includes one original executive member out of six, SAC has truly become on-campus comics.

Last November, SAC's vice-president social quit, followed by the president this January. A few weeks later, four members, including the newly-appointed president, were fired for not maintaining SAC's required academic standards.

If SAC operated as a business, it would have closed shop and moved south long ago.

Instead, the self-interested student council spent more time on internal problems and personnel conflicts than the student body they agreed to represent.

"SAC was, in fact, most definitely an individualized student council," former vice-president Leanne Newton told the Niagara News Jan. 28.

After the dust settled last month, vice-president Trevor Obee stated, "Everything is now in place for (SAC) to do what it needs for the students."

That's great — but it should have happened last year.

Let's face it, the troubles surrounding student council this year were brought on themselves. Disorganization and lack of commitment disrupted council's ability to perform their respective duties.

Maybe what SAC needs is more students on council to reduce workloads and so student issues remain a priority.

SAC's responsibilities are to the college and students — not themselves.

Tom Brank

Janney acting childish

Here's just another case of over-paid atheletes wanting the world to fall at their feet.

The fact Craig Janney, formerly of the St. Louis Blues, refuses to report to the Vancouver Canucks is simply childish.

After months of attempting to deal Petr Nedved, the Vancouver management deserve some compensation. Early this week an arbitrator finally awarded Janney and a second-round draft pick to Vancouver.

So far, Janney, 26, has shown reluctance to make the move, stating he needs time to "regroup."

Once a player is drafted by a hockey team, whether it be at the junior level or in the National Hockey League, he should be aware the sport is also a money-making business, and being traded is just part of the business.

The average hockey player's salary far outweighs what the average Canadian brings home a year. This fact itself should compensate for any relocation that may result.

Eric Lindros set a precedent in 1989 when he refused to play for the Sault Ste. Marie Greyhounds of the Ontario Hockey League and again in 1991 when he refused to play for the Quebec Nordiques after being drafted No.1. Both leagues eventually allowed Lindros to play in a different city, but only after bitter arbitration and hostility from the fans.

Stricter trade regulations need to be imposed and enforced by the league before all future trades are decided by the players themselves.

Grow up boys, be happy you're even playing in the NHL. It's a rare opportunity that many players seem to be taking for granted along with their million-dollar contracts.

Danielle Meville

Awareness needed

Dear Editor:

It is widely believed by the general population that native North Americans are a conquered people, decimated through war with Canada and the United States, and history books of both countries reiterate this concept.

On the contrary, both countries are deeply indebted to First Nation peoples, for it is with their help and alliance that both countries were founded.

The French and English cultures traded extensively with First Nations for items such as furs and grains, eventually becoming competent trappers and farmers themselves. Provisions negotiated through treaty talks were made: no taxes, no duty, and no borders for First Nations. These treaties allowed the trade routes and traditional native hunting grounds to open up for the French and English.

The treaties were put into existence in perpetuity to allow the European and native cultures to live in a bilateral existence. It was only when treaties were negated — as the populations of both countries grew and turned on their native benefactors — that war erupted: Even those wars ended in negotiations and more treaties.

It is resounded in every reservation and native community in continental North America, that had our forefathers known of the treachery we face today they may not have so readily assisted the cultures of either country.

History books do not attribute native contributions in an attempt to promote the concept that native cultures have been defeated and assimilated; therefore, subject to Canadian and U.S. policies.

Nevertheless, native warriors for hundreds of years have had a significant impact in historic battles as a result of their alliance with Canada and the States; only to be victimized by both countries' genocidal policies towar their respective native communities.

Native populations have been suppressed for so long that treaty rights were not exercised as readily as they are today. Why is it that when natives conduct business according to treaty rights negotiated for, the governments of Canada and the U.S. try to find a way through force and expunging of treaties to stop them from making money?

Today, the word smuggler is being thrown around when native traders exercise their rights. Rights that were negotiated in exchange for hunting rights, military assistance and large tracks of land on which both countries were founded. For centuries Canada and the U.S. have harvested the natural resources of their respective terrorities.

The luxuries and conveniences created from natural resources are a result of hard work and determination for sure, but the natural resources that made both countries great were negotiated for in good faith with the First Nation governments whose control these lands were under at that time.

When an American or Canadian finds a tax loophole and makes millions of dollars, he is considered an astute businessman and gets a pat on the back. When a native exercises a legitimate treaty right, he is considered a smuggler.

Today, Canada finds its native population waking up and smelling the coffee. Treaty rights will no longer lay dormant. The native population will no longer sit idly by and let the countries founded on native lands, ease their way out of treaties.

Among the rights negotiated for so many years ago is the indigenous right to free movement. This is the focus of the Ongwehongweh Peacekeepers in Fort Erie and will be the subject of talks with the federal Ministry of Foreign Affairs this spring.

An article in the Niagara Falls Review on Feb. 25, 1994 by Peter Black was well received by the native community, and we can only hope that we will find such fairness and consideration when negotiations with the federal Ministry take place this year.

Gordon Hill
Secretary for the
Ongwehongweh Peacekeepers
of Fort Erie

Editor's Note: The writer is a first-year Journalism-Print program student.

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Kudos for Kotlarz

Dear Editor:

I wish to commend Angela Kotlarz on her excellent article on hypnosis in the Niagara News on Feb. 4, 1994. She did an excellent job of accurately summarizing my comments and of informing her readership about her subject matter. Please commend her for an interesting and well written report.

Thank you,
R. Bruce Tallon

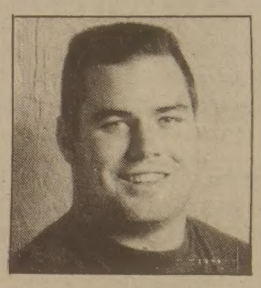
More letters on page 6

PERSPECTIVES

To tip or not to tip, that is the argument

She does

He doesn't



By ELIZABETH BROWN
Staff Writer

When going out for dinner or a drink, we are put into a position of placing a gratuity down for the service we have just received.

A few weeks ago I was out for a drink with a friend. We stood at the bar and waited to be served. The bartender was slow, and the bar wasn't that busy, but still I tipped.

My friend on the other hand didn't. His reasoning was "they get paid a salary for serving me, that's it."

I have been going to bars for a few years and have educated myself on the tipping game.

If you don't tip, best of luck getting a drink.

Why would a bartender serve me, if buddy across the bar is tipping a loonie for each beer. Oh sure he will get to me — when he wants and that is understandable.

You have to know the rules to play the game.

I understand that serving drinks in a busy bar is hard work. You have 50 to 75 people jammed together flashing their money at you. To make them all happy you must be quick. After a few drinks people become even more demanding.

To some you can't be quick enough.

I don't blame waiters/waitresses or bartenders for being angry when people don't tip. Their wage is considerably lower because tips are to be expected. If people decide not to tip, these individuals may have a hard time supporting themselves.

Please, Mr. Kelly your hourly wage is nothing to complain about, at least your not flipping burgers for minimum wage.

So the next time you're at a restaurant or bar, tip. A quarter is nothing to you, or is it?

By GREGORY KELLY
Staff Writer

There are very few times I tip when I'm at a bar.

Recently I had the pleasure of sharing a drink with a friend at a local St. Catharines watering hole. She was embarrassed because I neglected to leave a loonie for the bartender.

A bottle of beer costs up to $3.25 at some bars and to be expected to drop a dollar each time I buy a drink defeats the purpose of a bartender receiving an hourly wage. Sure most bartenders are paid a low wage and most are students trying to pay off school, but so am I.

I receive a low hourly wage too, but nobody tips me for my services regardless of its quality. Bartenders take a beer out of a fridge, open it and hand it to me. That definitely falls under the hard labor category.

I'm not saying bartending is an easy job without certain pressures, but welcome to the real world kids. There are few professions that demand monetary gratuity for minimal effort. It's a twist-off folks!

Honestly, it has gotten so bad that change from $10 is returned in loonies, quarters, dimes and nickles. I know street beggars who are less obvious.

I believe in appreciating effort and hard work. Tipping a waiter or waitress who serves a meal is something I do without thought, and as a matter of fact I'm quite generous. Bartenders hand me an overpriced beer, usually a few degrees above room temperature, and expect a donation to their personal beer fund or tuition payments. I don't think so.

If you decide to tip the individual who opens your beer that's great, it's your loonie. But I prefer to keep my dollar and pay for the taxi home. I might even tip the driver.

John Candy: A Canadian legend

By TOM BRANK
Staff Writer

John Candy was a big, jolly giant who brought laughter to many Canadians, including myself.

I had the opportunity to meet Candy while he was filming *Canadian Bacon* at Niagara College's St. Catharines campus last December.

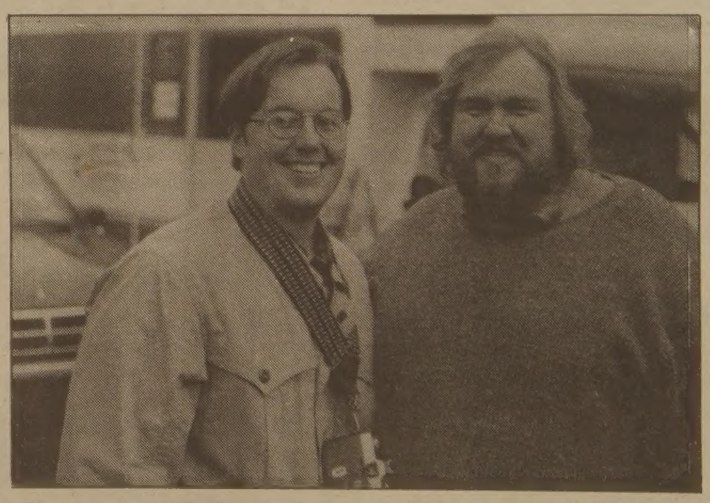
Myself and a fellow reporter arrived on location to get a story and a good picture of Candy or whoever else happened to be filming that day. We talked to countless production personnel and security people, and finally managed to get access to Candy outside his trailer after he finished the day's film shoot.

We got lucky, standing outside Candy's trailer, while curious onlookers crunched together hoping to catch a glimpse of the man.

The trailer door swung open and a smiling Candy stepped down and reached out to shake my hand. Here he was — the man known as Johnny LaRue, Josh Schmenge, Uncle Buck and countless other laughable characters.

I introduced myself and he agreed to pose for a few photographs, smiling wholeheartedly. He talked about his football team, the Argonauts, and asked me a few questions about myself and the college. He responded to some of my questions with his unmistakeable chuckle.

We thanked him for his time and wished him luck during the rest of his filming.



Funny man John Candy during filming of *Canadian Bacon* in St. Catharines last December.

Photo by Chris Russo

Afterward, I realized Candy's character was not that of an inflated Hollywood movie star, but of a genuine warm person. I'll remember his personality being immediately likeable and humorous, like so many roles he played over the years.

Candy was more than just a Canadian film actor who made it big in the United States. He was a comical genius with his goofy characters and talent for comedy acting. Former cast members of SCTV and veteran comedians Chevy Chase, Bill Murray, Dan Aykroyd and Steve Martin all agree Candy was a brilliant comic who enjoyed making people laugh.

Candy's untimely death, while shooting his latest film in Mexico, is a loss to all Canadians who enjoyed the man's whimsical charm on television and in the movies.

I will remember my short time meeting Candy each time I see one of his films. He has become a Canadian legend, and rightly so.

Skin to win!

Bare-chested Joe Habib, of Sesame Street Leftovers, pleases an After Hours crowd with his first-place airband performance of Just a Gigolo during Wintercourse, held Feb. 14 to 18. Teammate Jason Bontoft shows his support with a monetary reward.

Photo by Greg Furminger

Women's Place helping 'the ones who get trapped'

By ROBIN GREEN
Staff Writer

Adele Tanguay, executive director of Women's Place, a shelter for abused women and their children in St. Catharines, was at Niagara College Monday, March 7 to speak to Early Childhood Education and Journalism-Print students about the causes and effects of wife assault.

The issue of wife assault is very complex, Tanguay said, and needs to be understood before it can be solved, which was what she helped many to do during the session.

Tanguay began the talk by explaining the types of abuse some women suffer. Physical abuse, she said, includes hitting, punching, scratching, pushing or pulling hair. "Generally these types of assault are covered under the [federal Canadian] Criminal Code," she said.

Sexual abuse and sexual assault are also covered under the Criminal Code, and include "any sexual act without your permission."

Emotional or psychological abuse can include isolation, threats, "head games" or lowering someone's self esteem. Many types of emotional abuse are not covered under the Criminal Code, Tanguay said.

It is rare for a woman to suffer from only one type of abuse, she explained. "Whenever you have physical and sexual abuse, you usually have emotional abuse." At Women's Place, she said, emotional abuse "is probably one of the most common things that we see and what victims...will report as the worst type of abuse for them."

Once a person is under control emotionally, Tanguay said, physical abuse may become more and more infrequent. This is because once a victim knows her abuser is capable of physical violence, it may only take the threat to control her in the future.

"In order for a threat to work, you have to believe this person is capable of carrying out the threat," she said. An abusive relationship is about power and control, and in order for such a relationship to exist, "you have to have a situation where someone perceives another person to have power over them."

Control is not the only factor, however, leading to an abusive relationship. Someone abused as a child, or someone who witnessed abuse, has a better chance of becoming an abuser as an adult. Indicators of someone at risk of becoming abusive include jealousy and the need to isolate someone. Tanguay said "children who witnessed abuse show the same indicators as children who were abused themselves."

Tanguay later relayed some statistics of abuse, and explained that a Statistics Canada study reported 50 per cent of women will be abused at some point in their lives. She stated one in four women are sexually assaulted, half of these women before the age of 18. One in eight boys are sexually assaulted, she said, and, of all the abusive relationships that exist, 95 per cent of the victims are women. She said in the past it was thought a man who beat his wife was mentally ill, but it has now been proven this is the case only three per cent of the time.

When a few members of the audience wondered aloud why a woman in an abusive relationship doesn't "just leave," Tanguay explained several reasons why some women feel this is not possible.

One, she said, is fear of the abuser coming after her, as in many cases violence escalates immediately after the woman's departure.

She explained a psychological theory called "Learned Helplessness," which occurs when an abused person gives up all hope of getting out of the situation. "After a while, you start to believe that no matter what you do, it won't make a difference," Tanguay said.

"Abuse is rampant in relationships," she said. Many relationships end at the first sign of any type of abuse while others continue until the woman needs outside help to get away and sort out her life. At Women's Place, Tanguay said, "We focus in on the ones who get trapped."

Abused women who want help or to talk can call Women's Place in St. Catharines at 684-8331 or in Welland at 788-0113; in Niagara Falls call Nova House/Niagara Women in Crisis at 356-5800.

Leaving an abusive relationship not as easy as it seems

Dear Editor:

This letter is a response to Elizabeth Brown's editorial that ran in the Niagara News Jan. 21 1994 edition, (page 4, Bobbitt abuse barbaric). Brown wrote about Lorena and John Bobbit.

We are not judging Lorena's behavior, that was the jury's responsibility. We are, however, writing in response to Brown's statement "If John was abusing Lorena she should have left." We feel this statement does not reflect the real complexity of a violent relationship.

Many men and women feel they are unable to leave. According to the Ontario Women's Directorate there are many reasons a woman may not be able to "just leave" a violent relationship. These reasons may include:

1) She hopes the relationship will get better.
2) She doesn't want to break up a family.
3) Her partner's abuse isolates her from friends and family.
4) She fears for her own safety.
5) She depends on her partner's income.
6) She has lost self-esteem.
7) She has nowhere else to go.
8) Her partner has threatened to harm her if she leaves.
9) She worries about her immigration status.

As only television viewers and newspaper readers, we don't know Lorena's situation. She may have many of these reasons as well as many of her own.

Brown also stated "In 1994 if a woman is being abused there are many places for her to escape to." There are indeed places to go, but, as Adele Tanguay, executive director of Women's Place states: "leaving an abusive relationship can escalate the level of danger." Research has found that more women who are killed by their partners are killed after they leave. Tanguay also says "that an abuse shelter would never counsel women to leave, because they could be counselling the woman to be killed." They do, however, counsel to give back power which has been taken away by the abuse. Through empowerment, the women are able to make choices best suited to their individual situation.

As family advocates, we wanted to state that violence in a relationship negatively affects everyone in the family. Counselling may help to break the cycle of violence and benefit everyone in the family. Women's Place provides counselling. If anyone is in a violent relationship please contact Women's Place at 732-4632.

Tracy Kauffman
Jennifer Orlando
Lori Spadafora
Patti Taylor
Early Childhood Education Program

Wintercourse Winners

Just Here For the Beer placed first overall in Wintercourse held Feb. 14 to 18. Team members from bottom (left to right) are: Jeremy Lowe and John Dixon. Middle: Joe Privett, Chris Kereluk, Larry Dekoe,Leanne Newton and Stu Williams. Top: Mark Dixon, Jenn Stacey and Kriston Ware. Absent when photo taken was Emilio Mollo.

Photo by Greg Furminger

Brown editorial misunderstood

By ELIZABETH BROWN
Staff Writer

I wrote an editorial in the Jan. 21 edition of the Niagara News about John and Lorena Bobbitt.

The Journalism-Print Program students were recently invited by the Early Childhood Education Program students (ECE) to hear a guest speaker on the subject of violence.

Four ECE students introduced Adele Tanguay from Women's Place in Welland, Ont., and they invited the journalism students there to "educate us on abuse."

My editorial was the reason we were invited.

The Bobbitts were having marital problems so Lorena cut off John's penis after allegedly raping her.

I wrote that Lorena should have just left if she was being abused. What could have been a simple divorce was for a time a media uproar.

I am not belittling abuse or saying Lorena is lying

Some ECE students misunderstood what I was saying.

I am not belittling abuse or saying Lorena is lying. That decision is up to a judge and jury. Lorena was sentenced to three months in a psychiatric hospital. She has now been released.

But when the media takes time to write about the Bobbitts, when there are so many more important news stories out there, I have a problem.

I was concerned that the Bobbitt story would set a dangerous precedent. That all women being abused would turn violent against their abuser.

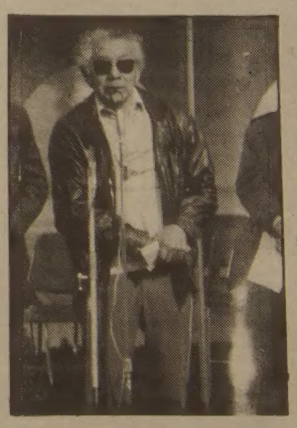
An eye for a eye?

This behavior is disgusting. Violence is disgusting.

I hope everyone now understands what I was writing, and thank you for taking an interest in my education.

Would you like a photo of yourself or someone else?

Reprints are available from Niagara News



Sizes are: 8 x 10 inches - $9.00
7 x 5 inches - $6.00
Contact the Journalism Department at Ext. 7752

SPRING HAS SPRUNG!

Sun and fun for Niagara partiers in Daytona Beach

By ANDREA SNIDER
Staff Writer

Niagara College was well represented the week of Feb. 25 to March 5 - not at the regional libraries, but in the sunny partytown of Daytona Beach, Fla.

For those who had the intuition to drive themselves to Florida and avoid the chaotic bus ride from hell — congratulations!

My journey began as 47, count 'em 47, prospective partiers climbed onto the 3:30 p.m. school bus with their 14 pieces of luggage each for the delightful ride to Fort Erie. Riding on the third bus, I am not fully qualified to comment on the delay of bus No. 1 because their driver was on the wrong side of the border, but I can still laugh.

I can laugh because our bus drove 20 mph through the snow-ridden state of Pennsylvania from about 7 p.m. until 4 a.m., and Pennsylvania is not an eight-hour state folks. After two hour-and-a-half stops during the night, one especially intelligent fellow began schmoozing the bus driver and eventually coerced him to go for a beer run at 4 a.m. Not listening to my esteemed travelling companion and myself who attempted to tell him the alcohol-selling hours in the state of Virginia, we left the highway in search of Old Milwaukee. Back on the highway after our detour, my companion warned the bus driver of further time infractions and informed him of the bodily harm that could accompany one.

Vacationers revelled in the continuous supply of wet T-shirt contests held over Spring Break in Daytona Beach, Fla.

Photo by Andrea Snider

A constant stream of dance-mix music flooded the bus as my pal and I attempted to keep awake our bus neighbors, the horticultural students, amidst trips to the pungent washroom to smoke. One particular Niagara student showed dedicated school spirit when he continued to sport the shirt he had vomitted on throughout the duration of the trip.

When we finally arrived in Florida, we all looked and smelled like vagrants as we were admitted to our rooms. Some of the more fortunate travellers found themselves with kitchenettes, while my friend and I were introduced to living hell. Two beds, eight suitcases, a bevy of makeup, lotions and potions and a cot, to be exact.

After waking up to the warm sunlight in my face Sunday morning, however, it all strangely seemed worthwhile.

The week began with an endless stream of wet T-shirt, wet Willie and wet what-have-you contests, which were dominated, I dare say, by illustrious Niagara College vacationers. I know for a fact that we won at least one wet Willie, one nearly-naked hula hooping contest and a wet T display. Not bad, not bad at all.

Even though the ocean temperature hovered barely above the freezing mark, my companion and I embarked into the frigid waters for our token mouthfuls of salt and sand.

As the week wore on, the days turned into an endless blur of booze, beach, bars and burns. Our favorite hotspot was the Point Break night club, and break us it did, with its $5 cover charge and $3.50 drinks.

Finally, it was time to reload the bus for the dreaded ride home. The return trip was much more relaxed and less alcohol-powered, which was a welcome relief.

Next year Air Canada will be a significant factor to my vacation itinerary.

Celebrations of spring just around the corner

BY PEGGY TEDDER
Staff Writer

Snowstorms - wave after wave, accompanied by record-breaking cold temperatures, hit the Niagara Peninsula this winter. Is it ever going to be spring?

We wait for the warmth of spring to thaw frozen lakes and streams and change the crisp snow of winter into slush. Spring is a time when the hardships of winter are past. For many, March 20, the first day of spring, cannot come soon enough.

After the March 21 spring equinox, the days begin to last longer than the nights and nature seems full of energy for growth and new life.

Traditionally, along with new life, spring brings celebration. A combination of humorous, festive and religious events mark the end of winter. Some combine a celebration of new life with a time to remember more serious things.

The sugar bush is one of the first signs heralding the coming of spring. Throughout the peninsula, conservation authorities offer Maple Syrup Days, when holes are drilled into the trunks of sugar maple trees to collect the sap. Although we may think of summer and fall as harvest times, this sap is actually the first harvest of the year. Usually collected in the month of March, as soon as the temperature begins to rise to around 40 degrees during the day, the sweet sap is boiled to produce maple syrup.

Festivals such as April Fools' Day gives people a chance to relax and enjoy themselves. Nobody knows why April 1 was chosen for this festival, but at the start of spring everyone is ready to have fun after the miserable winter weather. Use your imagination to outwit your friends, but remember, it only lasts until 12 p.m.

One of the clearest signs of spring is the appearance of new buds on branches of trees and the blooming of flowers.

Daffodils are an important part of the Welsh festival of St. David's Day, celebrated March 1. Although this festival remembers a Christian saint, its origins lie in the ancient Celtic celebration of the end of winter. If you can't wait for April when the blossoms of the cherry tree appear, a bouquet of your favorite spring flowers is bound to pick up your spirits or brighten any room.

Easter, one of the most important festivals of the year for Christians, is a bittersweet holiday, celebrated in many ways. Christians believe Christ died so people could make a new start in their lives, forgiven by God for any wrong actions or thoughts. In this way, Easter is linked to other spring festivals, in order to celebrate a new start for the world after the end of winter.

Eggs decorated with brightly painted patterns are a traditional part of the Easter. Throughout the world they are regarded as a symbol of new life. North American children receive chocolate eggs, but in Germany chocolate hares are given because they are always full of energy in the spring.

Spring is here to stay by May 1. In ancient times, May Day as it was known, was one of the most important holidays of the year. It is a celebration of nature, coming at a time when winter is obviously giving way to new life.

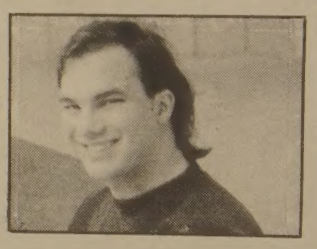
Even before the sun was up on this special day, women rushed to the fields. Traditionally, anyone who washed their face with dew that particular morning could count on becoming more beautiful.

As daylight lingers into evening and the warm March winds bring us closer to the first day of spring, students at Niagara College are that much closer to finishing their current term. For some it is time to plan for graduation.

Spring is not only the end of a long winter but the culmination of hard work and dedication. A time to go forth.

For more information on spring activities, call the Niagara Peninsula Conservation Authority at 680-PARK.

Enjoy spring while it lasts



By MIKE MICHAUD
Staff Writer

I was sliding down my driveway the other day and I heard a funny noise. I thought to myself, "Naw, it can't be." But it was.

The sound that seemed so foreign to me was a singing bird. It struck me as odd to hear a bird in the middle of winter, until I noticed there was hardly any snow on the ground. Suddenly, it hit me. It's not the middle of winter; it is the beginning of spring.

Since then, my head has been filled with dreams of lush, green fields and warm, sunny days. The unmistakable scent of a clear spring day often invades my mind, but I hadn't noticed because of the many lingering reminders of the passing winter.

It's reassuring to know that, in a few weeks, the earth will lose its thick winter blanket and take on a new appearance. Frozen, wind-beaten trees will awake from their slumber and turn the land into a beautiful green canopy. Hibernating animals, including humans, will peek out from their winter hiding places and embrace the beauty of spring.

Spring may mean different things to different people, but to most it gives a sense of hope. It gives hope that things will get better, along with the weather. In the light of the new warm sun, people's faces seem to take on a different look. Tight, wind-dried faces turn into bright, happy faces and the general mood of the population improves.

If spring is here, it can only mean one thing: no more snow. Last week's offering dashed all my hopes of an early spring. But warm temperatures and sunny days can't be too far off.

March 20 is the official first day of spring. This day represents the end of the season of death, winter, and the start of the season of re-birth, spring. March 20 is only a day, though.

Spring is not a day, it is a condition. When thoughts drift to walking on the beach instead of trudging through the snow, spring has arrived. Go out and take notice of the beauty that is unfolding before you because before you know it, leaves will be falling and spring will be only a distant memory.

Visual imagery treatment, not cure, for many ills

By ANGELA KOTLARZ
Staff Writer

With the catch-phrase for the nineties being self-help, more and more people are turning to visualization and imagery for self-improvement.

Imagery is a therapeutic technique used in psychotherapy, "using the right side of the brain in order to process information in a non-intellectual way," said Aubry Bissett, a Niagara College psychology professor.

Many people relate to imagery because of its widespread use in sports. "Statistics show that simply using visual imagery videotapes can improve your game, most often with golf or tennis," said Bissett.

The impetus for the use of visualization in sport began at a university in the United States, she said. The university conducted a month-long experiment involving basketball players who were put into three groups.

The first group was to shoot baskets for one hour each day, the next group was to do nothing, and the last group was to visualize for one hour, Bissett said.

At the end of the month, they were able to measure the players' progress by counting the number of baskets.

"They found those who shot baskets for one hour each day improved their baskets by 26 per cent, those who did nothing showed no improvement, and those who visualized, increased their baskets by 25 per cent."

Bissett said some of her students are gymnasts and they say visualization helps them to improve their movements.

Imagery is most notably used in the areas of stress reduction and illness, she said. Cancer patients are taught to visualize their cancer cells being eliminated from their body or to visualize their cancer cells as black and the good cells as white, Bissett said.

Some patients have gone into remission after using visualization and imagery techniques but, "this is not a cure and is part of a treatment process," said Bissett.

"I don't want people to get the impresson that it's non-medical because it's very medical," she said. There are both international and national journals of mental imagery, "so it's quite a field."

A common misconception, she said, is that imagery involves seeing a mental picture in your head.

"We all process in three different ways, " said Bissett, " and one is visual, one is hearing, and one is feeling."

She said when she does imagery exercises with her students, they know if they think about something they don't necessarily have to see it in their heads. "Any of the three ways of processing is totally legitimate in imagery," Bissett said.

There's the belief if someone says think of your favorite food and it's pizza you're supposed to see a mental image of it. "Some people don't process like that though," she said. "Some people will smell the pizza and others will simply think the thought."

Imagery is also effective in problem-solving, said Bissett. Part of the imagery for someone who has a fear of public speaking would be to first get down to a certain level, "because there are certain brain-wave levels involved here."

The person would then relax, using breathing techniques, and picture exactly what they would do in that situation, she said. "For instance, you might feel yourself being calm and in control," said Bissett.

To overcome their fear, she said, the individual would have to practise this like any other skill.

Unfortunately, imagery has been given a "bad rap," said Bissett. She said we've all heard someone tell us we're day-dreaming and we're not paying attention, but imagery is where creativity comes from.

"That's where we do our problem-solving and maybe we do it so quickly we're not aware we're doing it by imagery," Bissett said.

In psychotherapy, imagery is also used a lot to enhance self-esteem. Often times when people are asked to look at themselves, "they absolutely bolt inside" because they think they're going to confront all of these ugly things, she said.

"We use imagery in a positive way," said Bissett, "to help people look at issues in their life and what they're about."

Invariably people find out they're actually handling things much better than they thought, she said.

In Psychology 102, Bissett said students do an imagery exercise in regards to self-esteem and body image. "Through imagery, the class is led to go into a big room with all kinds of costumes that all fit," she said.

From there, the students are to choose three costumes that speak to them, try them on and see how they feel while they're in the costumes. When they're finished with this imagery, said Bissett, they are to write down each of the three costumes and explain what it felt like to be in each.

"Someone may see themselves as a swashbuckling pirate, so this may be a way of getting at the fact they'd like to be more adventuresome," she said.

Imagery is used to get past people's beliefs that may limit their ability to make life choices and changes, said Bissett.

"One's belief may be 'I'm a victim and I'll never get anywhere in this world' but through visualization and imagery one can overcome this and move on," she said.

Most importantly, Bissett said, when you do visualization with a professor, a doctor, or a therapist it is not hypnosis and it is not meditation, unless they say so.

"Some people are afraid that it's mind control," said Bissett, "but you are always in charge and you can stop anytime you want."

NC Dental students help 1,000 smile

By MONIKA QUECKENSTEDT
Staff Writer

More than 1,000 clients from the Niagara Region receive dental care from Niagara College's dental clinic at the Welland campus.

"In one year we service over 1,000 clients in the clinic," says Co-ordinator of Dental Hygiene Carole Ono of St. Catharines, who's taught dental hygiene for more than 30 years. "We're always looking for lots of patients."

The clinic is an option for anyone who doesn't have a dental plan or is unemployed, she said. The adult registration fee is $10, children are treated free of charge.

Dental Hygiene (DH) students use the clinic for their practical experience.

To enter the program, students must graduate from the Dental Assistant program and have one year of work experience in the dental field, Ono said. The program begins in September and ends in June.

After 13 years of being a dental assistant, Erin Newcombe, 35, of Hamilton decided to return to school for DH.

"It's a lot of work for one year," says Newcombe. "It's an intense nine months but you know that when you get into it."

Of the 34 DH students, 10 students work in the clinic at a time with 16 clinics during the week, said Ono.

Leo Patitucci, 23, of Thorold was interested in biology while at McMaster University, but said he didn't want to get into research.

"I took the Dental Assistant program (at Niagara College) and worked for one year in Thorold," he said before entering DH. "Hopefully, I'll get a job in a private practice."

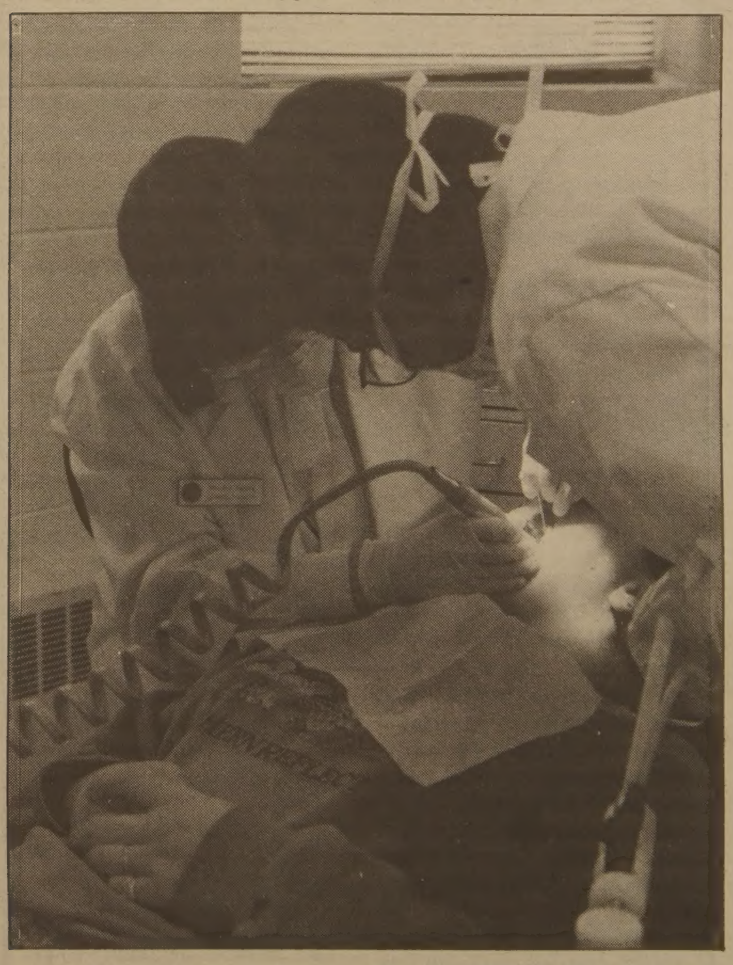
Between clinical and classroom time, students spend 33 hours a week in the first term and 29 to 36 hours a week during second term.

"The students are slow compared to professionals at a regular practice but every stage of the appointment is checked out by a licensed dentist or dental hygienist," Ono said.

She stressed the clinic provides "very thorough" quality care.

As for placement after graduation, Ono said it's a wait and see situation because the "job market is rather tight."

Aside from the full-time faculty at Niagara College, the DH program also has part-time dentists and dental hygienists from the community to help in the clinic.



Dental Hygiene student Leo Patitucci (right), 23, of Thorold watches clinical faculty M.J. Goulding (left) of Fort Erie demonstrate a dental technique on patient Angela Mans, 20, of St. Anns.

Photo by Monika Queckenstedt

Gearing up for summer

By DONNA DOLYNSKY
Staff Writer

Looking toward summer, Continuing Education at Niagara College is preparing to launch the ninth season of its 1994 Motorcycle Training program in co-operation with Canadian Safety Council and the Ontario Safety League.

"Safety is paramount in relation to this program," said Sue Tallon of Continuing Education.

The goal is to teach men and women, 16 years of age or older, who have little or no experience riding motorcycles to learn to ride with ultimate safety knowledge, she said.

The 20-hour course will take place on weekends starting April 15. The Friday night sessions, from 6 p.m. to 10 p.m., will include classroom study and theory while Saturdays from 9 a.m. to 6 p.m. and Sundays from 1 p.m. to 8 p.m. includes hands on practical training in parking lot B at Niagara College in Welland.

"This program is recognized by the Ministry of Transportation," said Tallon, adding the ministry sees the initiative as a positive step toward good motorcycle safety habits.

Classes will run rain or shine to simulate natural road conditions.

"The only time classes are cancelled will be in the event of ice-rain or lightning," Tallon said.

To ensure individual instruction, there will be five students to one qualified instructor.

"We have had an excellent return of feedback from previous students about our instructors," said Tallon, adding they "are very qualified, enthusiastic and make learning fun.

"Some students said it was worth the time and money because of the safety factors they've learned and felt this course should be a mandatory measure for all motorcyclists," she said.

One chief instructor will oversee the activities throughout the program and is also qualified to test students at the completion of the course.

Registration is available after March 21, and costs $230. Students must have a valid Class R permit to be tested for a Class M license and also require an approved motorcycle helmet, long pants and a sturdy long-sleeve jacket. Full-fingered, uncut leather gloves and low heeled boots are also to be worn. Niagara College will provide the rest.

Equipment includes 125 to 250 c.c. motorcycles, Ontario Safety League student kits and Canada Safety Council's Motorcycle Rider's Handbook. Fuel and lubricants for the bike will also be supplied.

Tallon said she expects heavy registration within the last three months due to the new graduated licensing system, which begins April 1.

For further information, contact Sue Tallon at Continuing Education, 735-2211 Extention 7516.

Tips on campus crime can earn cash

Each issue of the Niagara News will feature the Crime Stoppers column. "Crime Highlights" will feature specific incidents that are under investigation. The column will also provide a forum for Crime Prevention Information. Questions, concerns or recommendations regarding crime prevention left in the Crime Stoppers Box will be addressed. Crime Stoppers fund-raising events and meeting times will be promoted in the column.

HOW NIAGARA COLLEGE CRIME STOPPERS WORKS

— an informant leaves an anonymous tip in a box in one of the Learning Resource Centers

— the tip is assessed and verified by the co-ordinator

— if the tip leads to a successful conclusion of the incident, the co-ordinator may recommend that the Board grant an award

— the Board will decide the amount pending their approval

— the anonymous "tipster" will be notified through the Niagara News Crime Stoppers Column when to telephone the co-ordinator

— after verification, the anonymous "tipster" will be advised how, when and where to pick up the award

— the Crime Stoppers Boxes are also available for questions, concerns or recommendations regarding Crime Prevention

CRIME HIGHLIGHTS
By H.D. Hodgson

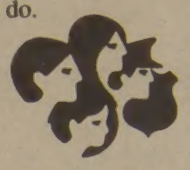
Computer equipment worth several thousand dollars was stolen from a student lab in the Simcoe building. The theft occurred sometime between 5 p.m. Monday, Jan. 31, and 8 a.m. Tuesday, Feb. 2, 1994. A "Data Train" 386 CPU, color monitor, keyboard and dot matrix printer were taken from S312.

Despite security precautions of locking the remaining computer equipment in place, a second Data Train 386 CPU was stolen from room S312 between 5 p.m. Thursday, Feb. 3, and 8 a.m. Friday, Feb. 4, 1994. This time the culprits were equipped with tools to remove the locking mechanisms. In addition, an Olympia electric typewriter was also taken from room S312.

Sylvia Szabo, the co-ordinator of the Health Record Technician program, explained that, in addition to the 17 students who require the specialized computer software that was loaded onto the computer, all of the students in the program (more than 60) would be affected by the lack of computer access.

When put into the larger college picture, all students will suffer from this theft of equipment. As financial constraints tear at existing budgets, monies destined for other equipment, computer upgrading, library books, etc. will be redirected to purchase replacement computer systems and software.

This theft is not unique; unfortunately, neither is the apathy that condones it. There is something you can do.



Working Together

If you have information on this incident at Niagara College that affects you and your studies, put the **anonymous** tip in the Crime Stoppers Box located in the Learning Resource Centre at your campus. You could earn a cash reward if your tip leads to a successful conclusion of the incident.

Students launch campus Crime Stoppers

By TOM BRANK
Staff Writer

Students at Niagara College are taking a bite out of crime.

After more than a year of preparations, students are operating their own college-based Crime Stoppers unit to help reduce crime committed on campus.

Niagara College Crime Stoppers is an independent operation run primarily by Law and Security Administration students with Niagara College administration, Niagara Regional Crime Stoppers Board and the Niagara Regional Police acting as liaisons to the group.

Vice-President, Academic, David Schleich said the new student-run organization will be valuable to both students and the college.

"This is a very important move for Niagara College," he said.

Several times during the presentation, Hodgson shouted into the microphone after reacting to noise and disruptions from students in the pub. The scheduled half-hour presentation instead only lasted about 15 minutes.

Niagara College's Crime Stoppers unit is based on the same system as the Regional Crime Stoppers program.

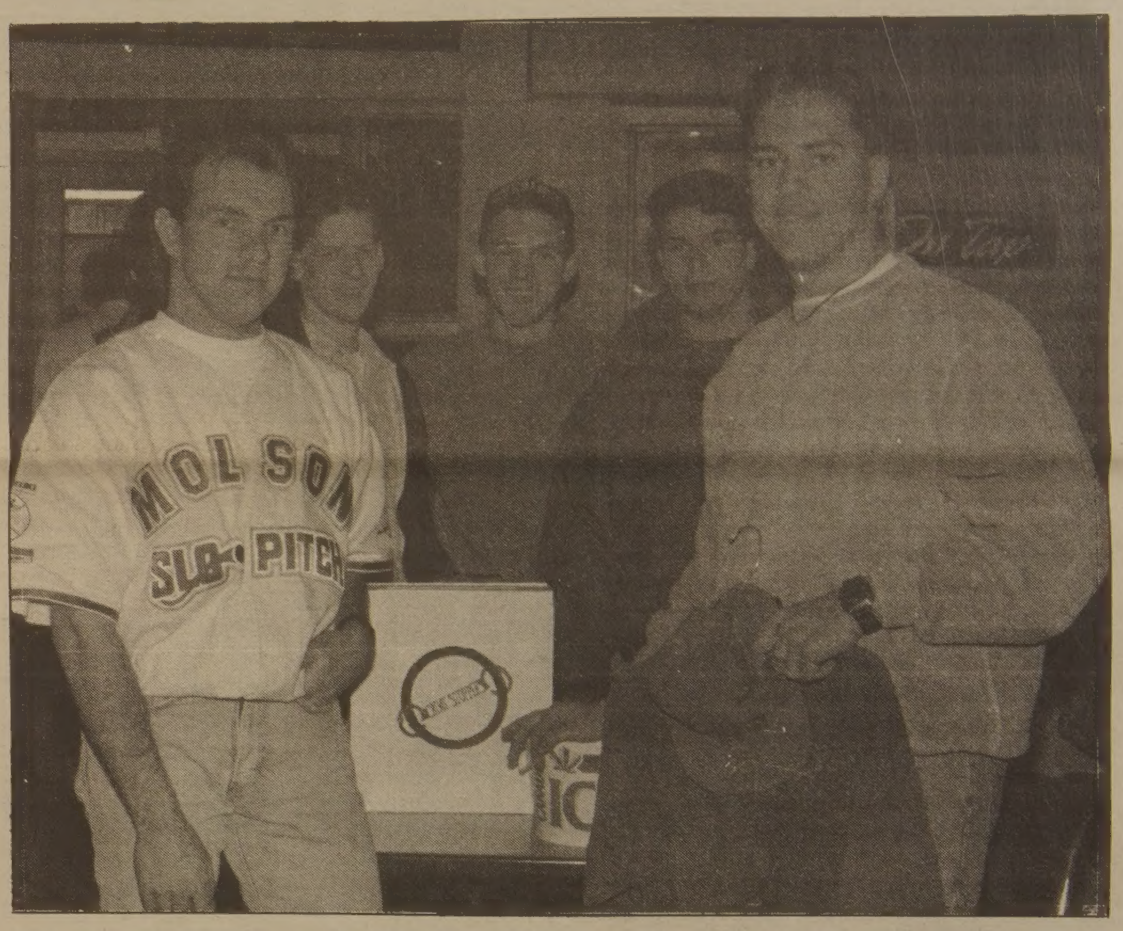
Take a bite out of crime

The program was officially launched with a presentation and raffle draw in After Hours Feb. 23. Several members of Niagara College Crime Stoppers, Niagara Regional Crime Stoppers and college administration gathered to promote and support the new organization.

Heather Hodgson, LASA co-ordinator, said the event marked a "momentous occasion" for the college.

An informant leaves an anonymous tip in a box located in one of the Learning Resource Centres.

Once the tip is assessed and verified by the co-ordinator, the "tipster" is notified through the Niagara News Crime Stoppers column when to telephone the co-ordinator. The co-ordinator then advises the "tipster" how, when and where to pick up the cash award.



First-year LASA student Tony Alpe, Crime Stoppers raffle winner, is presented with a Molson T-Shirt, baseball cap and ice bucket by members of the Crime Stoppers team in After Hours, Feb. 23.

Photo by Tom Brank

Tips needed to solve store holdup

This week Crime Stoppers and Niagara Regional Police investigators are looking for information concerning a recent Garden City hold-up.

On Tuesday, Jan. 8, 1994 at about 9 p.m., a lone male, brandishing a knife, entered the Avondale Store, 446 Scott St., St. Catharines. He immediately approached the clerk and demanded money. After receiving some cash, the bandit was not satisfied and he made a second demand, this time for a carton of Players Light cigarettes.

The culprit then ordered the clerk to the back of the store and made his escape.

The bandit is described as a white male, 5'10" tall, blond hair, slim build, fair complexion. He was wearing olive colored pants, work boots, blue toque, and had a green bandana around his face to help conceal his identity.

If you have any information regarding this hold-up, or any other crime, call Crime Stoppers at 1-800-263-8477, that's 1-800-AND-TIPS to be eligible for a cash reward up to $1,000. In all cases, you will not have to reveal your identity.

The Niagara Regional Police in co-operation with Crime Stoppers Niagara Inc. writes this column to help combat crime. A citizen board administers the local program. Reward money is raised through tax-deductible donations and cheques may be sent to Crime Stoppers of Niagara Inc., P.O. Box 1086, St. Catharines, Ont. L2R 7A3.

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SAC, continued from page 1

dent, said the present SAC has become a "well-disciplined" organization.

Poulin, 21, of Welland, said he's back because he can apply his acquired leadership skills to his studies in Retail Management. He said he hopes to make next year's SAC more efficient and effective. "I want better planning of events for more people," he said, noting that Shinerama — a fundraiser for cystic fibrosis — will be his first major event to tackle in September.

Graham, from Toronto, and Swayze, from Welland, are both first-year Journalism-Print program students who said they were disappointed in candidate applications.

"The students are apathetic," said Graham, 24, adding he was looking forward to the experience of preparing a campaign. Graham, who said he has some public relations and administrative background, has no concrete plans for next year.

"We'll have a better grasp of our positions by September," said Swayze, 20, who is "anxious" to get involved with peer issues and political structure.

Swayze said she is now starting to review minutes of past SAC meetings to get a better understanding of past discussions.

SPORTS

Hockey Knights win silver beating No.1 Seneca

By STUART MCDONALD
Staff Writer

The Niagara Knights hockey team advanced to the finals of the Ontario Colleges Athletic Association (OCAA) playoffs for the first time in the college's history on March 11.

The Knights clinched the silver medal by defeating OCAA's No.1 ranked Seneca College 6-5 in the semifinals. Niagara lost the finals 7-3 to No. 2 ranked, Final Four host Conestoga College in Kitchener March 12.

Niagara coach Fred Bassi said the hockey team has played in the OCAA 10 years during the team's 26-year existence. The college had gone as far as the OCAA semifinals three times prior to this year's appearance in the finals, he said.

"When you're one game away from winning a provincial title at the college level it says a lot for a college Niagara's size," said Knights' assistant coach Jim Beattie. "They have to come out and play against colleges that have such big populations," he said.

Teams in the Final Four included Niagara, Conestoga, Seneca and Algonquin College. Niagara's full-time student population is 4,700, Algonquin's is 8,300, Conestoga's is 4,500 and Seneca's is 12,900.

"There is not much you can say when you beat the team (Seneca) that has beaten you the last eight times you've met them in two years," said Bassi. "I knew it would take an outstanding effort. We had outstanding goaltending from Rob LeMaitre, our lines worked hard and our defence worked hard."

The 7-3 loss to Conestoga in the finals "went from a potential blowout to a respectable game," said Beattie.

Niagara was losing 5-0 until Pete Lachance scored on a low wrist shot to the glove side of Conestoga goalie Scott Ballantyne. Conestoga replied 10 seconds later, but with three minutes left in the second period, Pete Lachance scored a shorthanded, breakaway goal to put the Knights within four.

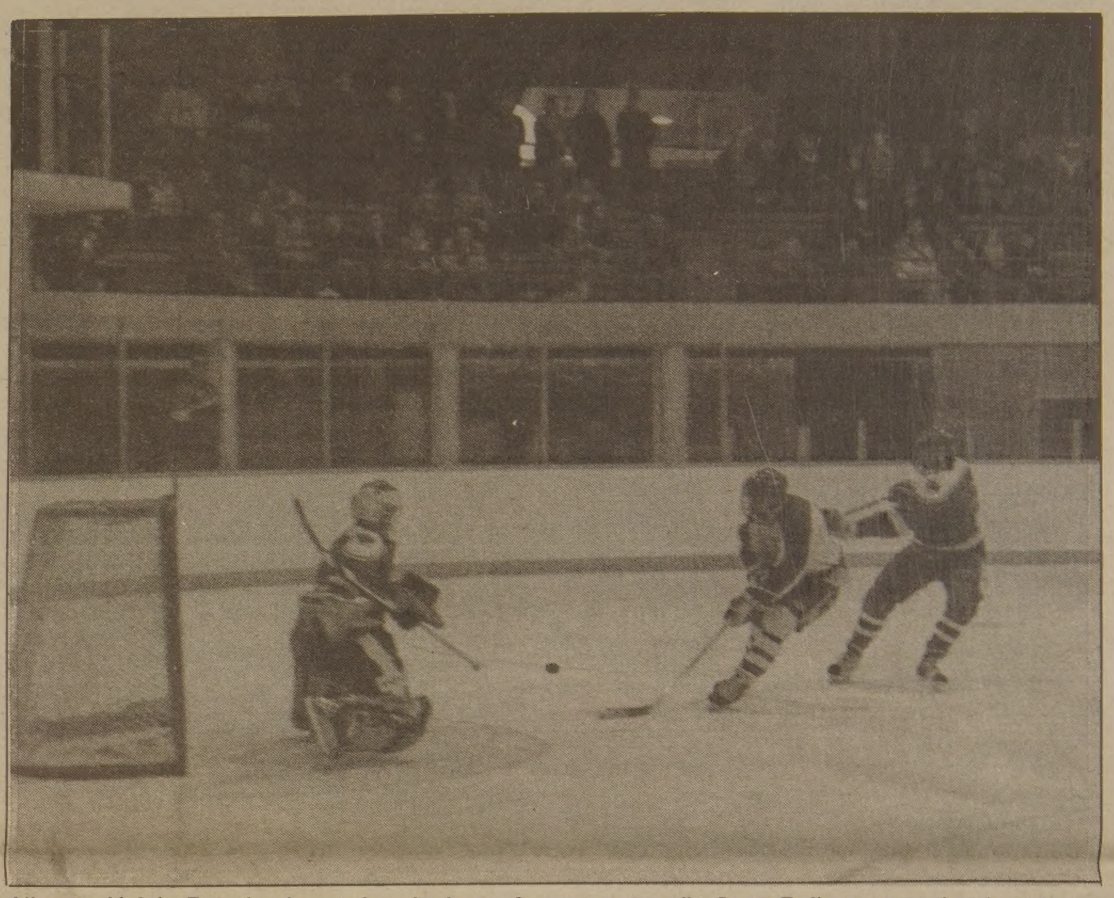
Chuck Gunter then scored a power-play goal for Niagara on a low, point-shot. The score remained 6-3 until Conestoga scored again in the last minute, making it 7-3. Lachance was named to the Final Four all-star team, scoring four goals and two assists in two games.

Bassi said it was 5-0 at one point but it could have turned into a 10-0 game. "We didn't quit. We have heart," he said. "It was nice to be in the finals. Now that we've got the smell of it after only our second year back in the league, maybe next year we'll be a little stronger."

Beattie said the comeback reflects the character of the players on the team. "They've earned a lot of respect from other teams in the league," he said.

To reach the playoffs, Niagara travelled to Cambrian College in Sudbury Feb 26, and won their final regular season game 9-4. A tie or a loss would have eliminated the Knights from the playoffs, but the win put Niagara into the quarterfinals by clinching third place in the Costello division with a final regular season record of 7-8-2.

The Knights then beat Sir Sandford Fleming College 10-9 in Lindsay, Ont., March 5 to advance to the semifinals in Kitchener. Niagara's Dave Crane scored the winning goal in overtime against Fleming.



Niagara Knight Pete Lachance breaks in on Conestoga goalie Scott Ballantyne at the Ontario Colleges Athletic Association finals March 12. Niagara lost 7-3 but took home the silver medal.
Photo by Stuart McDonald

Hockey-Lachance's ticket out of cold

By JILLIAN WATSON
Staff Writer

Hockey was Pete Lachance's ticket out of the cold of Timmins.

The northern Ontario community is about 250 kilometres north of Sudbury in Cochrane County, which holds a record for the coldest temperature in Ontario - minus 58 Celsius.

The winger's ambition and talents took him about 600 km as the crow flies to play Junior B hockey in Welland, Ont., where he says "The weather is a lot nicer."

In only three seasons with Welland's Junior B Flames, Lachance became the fourth leading scorer in Flames' history. Modestly, Lachance said he was particularly happy with his first year in Junior.

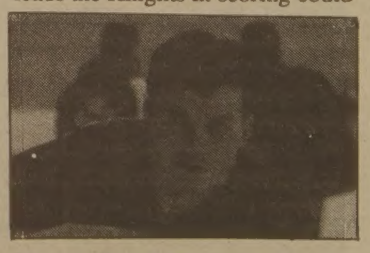
"I came in as a rookie," he said. "I played well and we won the championship that year."

Niagara Knights' centre Dave Crane, who played Junior B with Lachance, shed some light on his skills, saying "he's the best player I've ever played with.

"He knows everything out there on the ice. He's good defensively, he kills penalties, he's a hard hitter...there's nothing he can't do."

Lachance, 21, who wears an A for the Niagara Knights, stated: "I always give it 100 per cent when I'm out on the ice," but added he would like to improve his speed and his shot.

But the baby-faced assassin who leads the Knights in scoring could not be caught in the Ontario Colleges Athletic Association's Final Four hockey tournament this weekend scoring four goals and two assists.



Pete Lachance

A second-year Law and Security Administration program student, Lachance was named a regular season First Team all-star in the Costello Division and a First Team all-star in the Final Four.

Named Most Valuable Player on the Niagara Knights in the semifinal game against Seneca College, Lachance came away from the season fifth in the league in scoring.

Looking back on the season, Lachance said although he would have been happier with the gold, the team "came a long way.

"We weren't even supposed to be there (in the playoffs)," he said. Despite the critics, Niagara not only made the playoffs but also the finals, defeating OCAA's No. 1 ranked Seneca College and winning the silver.

Making the OCAA finals for the first time in Knights' history and winning the silver medal is a fitting end to Lachance's college hockey career.

Although he has considered playing for the Sunshine League in Florida, Lachance said his main priority is a career in law enforcement.

"It's tough to get a job these days," said Lachance who graduates this year. "If I can get a job, I wouldn't pass it up."

Cold hard cash beats the cold harsh winters.

V-Ball team falls short

By CRAIG LITCHFIELD
Staff Writer

The Niagara Knights women's volleyball team wrapped up their season with a home loss to Mohawk College Feb. 17.

The hard fought loss, the match went four games, was especially disheartening because it eliminated the team from the Ontario Colleges Athletic Association Division 2 finals held Feb. 25 and 26 at Redeemer College in Ancaster, Ont.

Although the team didn't attain its goal of a good showing at the finals, coach John Kwiotkowski says the season was successful in other ways.

"We did beat the number one team (Centennial College of Toronto) on their own court, in a televised match," says Kwiotkowski. "That was definitely a highlight."

The team has a solid record in their own division, finishing at 8-2 against divisional rivals.

"We had good effort from all the girls this year," says Kwiotkowski. "We dominated within our own division, but we just couldn't seem to stay consistent."

The team ended this season with a 9-8 record. Kwiotkowski says he hopes to be around next year to help the Knights improve their record and make another run at the finals.

Niagara College
KNIGHTS

"It's still up in the air," he says. "I'll just have to wait and see."

Next season the team will be without five of this year's starting players as they will be graduating, but Kwiotkowski says there were some promising rookies who will step up to the task. Premier server Jennifer Macmillan may be returning.

"We had a fun-filled season and I'm really looking forward to next year," he says.

Mixed curlers sweep silver victory

By CRAIG LITCHFIELD
Staff Writer

The Niagara Knights mixed curling team picked up some nice souvenirs from their trip to the Ontario College Athletics Association Finals in Sault Ste. Marie — six silver medals.

The team, on a roll heading into the Feb. 25 tournament after clinching the regional championships earlier in the month, defeated the first four rinks they faced.

"...we were the best rink there." —Charuk

The opportunity to win the finals championship was dashed in a disappointing loss to Algonquin College of Ottawa in their fifth match. The loss placed the Knights in a three way tie for first with Algonquin and Confederation College.

After a flip of the coin determined Confederation would receive a bye, the Knights faced Algonquin again and won. The final match against Confederation resulted in an abbreviated format, playing four ends instead of 10, and the Knights were defeated.

Skip Al Charuk says he was disappointed in the loss.

"I don't want to sound arrogant, but we were the best rink there," says Charuk. "The four end format doesn't leave room for many mistakes. Under normal circumstances I think we would have beat them (Confederation)."

The Niagara squad curled well throughout the tournament, says Charuk.

"The entire rink played extremely well to put us in a position to win the silver," he says. "The competition was very good."

The team will be back in the running again next year with all members returning.

Niagara's silver-medalist curlers: (from back left to front right) Skip Al Charuk, Alternate Jason Trout, Susan Mulkins, Jeff Reed, Penny Rominger, and Alternate Tracey Niesen.
Photo by Craig Litchfield

SAC receives $400 'penalty' for poor showing at Sabres game

By STUART MCDONALD
Staff Writer

Beezer was there but the Russian Rocket was in for repairs Feb. 18 when Niagara College students ventured to Buffalo, N.Y. to see the Buffalo Sabres play the Florida Panthers.

Niagara's Student Administrative Council purchased 45 tickets to the National Hockey League game but only 15 students paid the $15 ticket price for seats worth $25.

SAC vice-president athletic Scott Currie said he was "counting on a big jock turnout" but most of the varsity sports teams were playing that night. Currie said SAC donated 15 tickets to Big Brothers and gave 10 away as raffle prizes. "We basically threw away five," he said.

Currie said SAC lost $400 on the game, which featured two of the best goalies in the NHL this year. Florida's John Vanbiesbrouck (Beezer) has one of the best save percentages in the NHL and has lifted the expansion Panthers to a .500 record and a realistic shot at the playoffs.

The Dominator, Dominik Hasek, was between the pipes for Buffalo. He didn't disappoint Sabres' fans, making 27 saves and allowing one goal in the game.

The Russian Rocket, Alexander Mogilny, sidelined with a sore ankle, wasn't forgotten by the fans. There were numerous signs adorned with "Happy Birthday Alex" and hundreds of Sabres shirts bearing Mogilny's name and number on the backs of hundreds of Sabres' fans.

Other signs were less friendly. One read, "There is more violence outside Panther Arena than at the game."

Violence at the Buffalo game was provided courtesy of Sabre Ken Sutton and Panther Rob Niedermayer. With three minutes left in the game Sutton surprised Niedermayer with a punch to the head and Niedermayer replied with many punches to Sutton's head, stomach and groin.

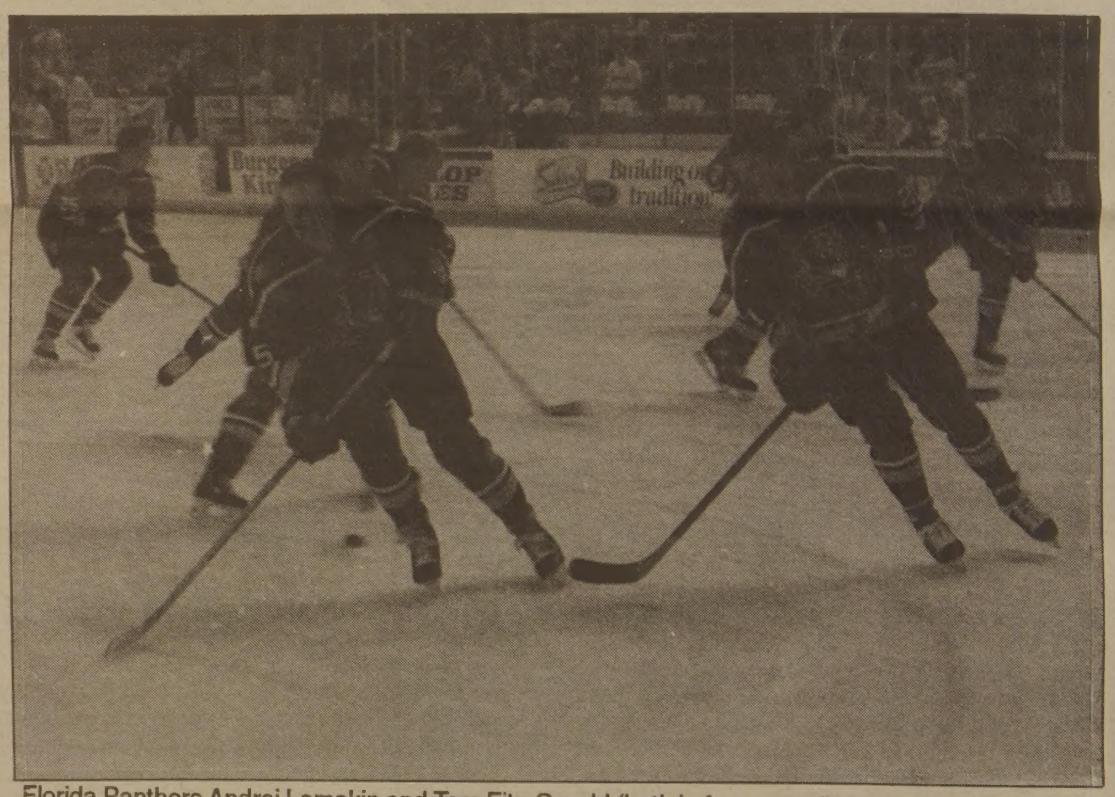
Three accountants from Syracuse, N.Y., were sitting directly behind Niagara College's block of seats and noisily encouraged Niedermayer to punish Sutton for playing a lousy game.

One accountant said the fight "was worth the price of admission." Another added it was "about time."

Aside from the fight, there were other game highlights. SAC secretary Cindy Blanchard said her favorite part of the evening was the first intermission when two Burlington Atom teams played a quick game on the Auditorium ice. "It must have been a real thrill for them," she said.

Kim Fragomeni, 24, a General Arts and Sciences program student at Niagara, was attending her first NHL game and said she enjoyed it.

"With two children it's something I never get to do," she said.



Florida Panthers Andrei Lomakin and Tom Fitz-Gerald (both in foreground) warm up before their Feb. 18 game in Buffalo, N.Y. Niagara College's Student Administrative Council organized a student trip to the Buffalo Sabres game, which Buffalo won 4-1.
Photo by Stuart McDonald

Small but speedy Sabre Donald Audette provided Fragomeni with an outstanding individual performance as he scored on a deflection and on a wrist shot while streaking down the left wing. His two goals and one assist earned him the first star and helped lead the Sabres to a 4-1 win.

Currie said he hopes next year SAC could win at selling more tickets.

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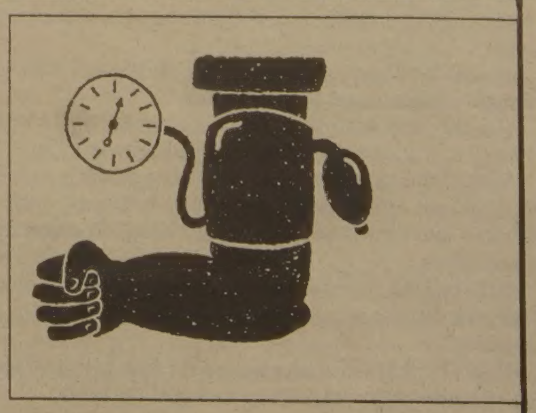

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ENTERTAINMENT

Balladeer Richard Marx offers Paid Vacation

By AL GILDAY
Staff Writer

Paid Vacation is the latest release from pop balladeer Richard Marx, and it's close to what you'd expect from the man.

What's surprising about the tape is the number of talented people that helped him record. Country star Vince Gill, Lionel Ritchie and Luther Vandross take their turn at the microphone and the results are very good.

Highlights of the album include Nothing to Hide, Silent Scream and Now and Forever. "Right Here Waiting for You," explains Marx in a press release, "was a love letter to my wife before we were married. Now and Forever is a thank-you note to her because I sometimes take her for granted." Marx is married to Jennifer Gray from the movie Dirty Dancing.

— what you'd expect

The only disappointment with this tape is that Marx doesn't break any new ground here. With Marx, you know what you're getting, a few fast rockers and a load of boy meets girl or relationship ballads. This tape is no different, there are few memorable songs on the tape. We've come to expect Top 10 hits like Right Here Waiting For You and Don't Mean Nothing. There are none on this tape.

This is Marx's fourth release, in a career that has had its ups and downs. In 1991, he did a whirlwind five concerts in one day. We think it was a publicity stunt more than anything else. We wouldn't be surprised if there is a greatest hits package out soon. He certainly has enough material. Right now, this tape will appeal to Richard Marx fans only, but that could change if radio stations decide to make a hit out of one or two of the singles.

Kids in the Hall series nears extinction

Movie in the works

By NOREEN BOND
Staff Writer

The hall is empty and the laughter is gone.

The Kids In The Hall, one of the CBC's greatest comedy shows will soon be extinct. Mark McKinney, Dave Foley, Scott Thompson, Bruce McCulloch and Kevin McDonald make up the Kids, who are all between 30 and 35 years of age. The show, which became a Queen Street cult, was the one to end all shows.

Beginning in 1988, the show aired for a number of years on HBO, with other outrageous sitcoms. CBC soon picked up the Kids and put the show in a time slot called 'Late Prime', airing between 10 p.m. and 11 p.m. This allowed for the Kids to be a little more daring and provocative. The American Network CBS picked up the Kids last season. It took the network a little longer to pick up the show, because of explicit material, such as the use of Satan and foul language.

The Kids In The Hall are leaving television to make their first full-length feature film. The Kids signed a movie deal with Lorne Michaels, the show's producer. Foley will star in a movie entitled "It's Pat!" starring Saturday Night Live's Julia Sweeney. The Kids, as a group, will quit the show after a final round of filming in July. The new episodes will carry the show through to this December.

The Kids In The Hall will be remembered for such characters as McCulloch's 'Cabbage Head', McKinney's 'Head Crusher', Foley's 'Bruno Puntz Jones', McDonald's 'Rudy' (the pimp) and Thompson's 'Buddy Cole'.

Etheridge show sexless

By GREGORY KELLY
Staff Writer

Yes she is!

Melissa Etheridge brought the crowd at Massey Hall to its feet on March 11.

There was little doubt the crowd was injected with the energy Etheridge brings to her stage show.

The performance had a taste of all of Etheridge's talents. Her show was balanced between her harder tunes like *All American Girl* and her ballads like *Occasionally*.

The crowd was treated to an unplugged set, Etheridge called it her segment of the tour where she can "return to her roots" and showed her appreciation of her fans by thanking them for all their support.

The most intriguing aspect of the concert was the lack of progay/lesbian preaching that may have been expected by some of the crowd. Etheridge recently went public about being a lesbian a few months ago, but her performance did not indicate if she was heterosexual or not.

There were rumblings in the crowd wondering if she would take the opportunity to make a statement. Etheridge played a great show and her fans got full entertainment value for their dollar.

She said nothing in reference to her sexuality, but she made a huge statement about her talent. That statement said she is here to stay as one of the premiere entertainers on the music scene - male or female.

Gypsy's caravan takes ten-year music journey

By ADELE NAGY
Staff Writer

The Gipsy Kings wrapped our hearts up in their guitar strings and it wasn't possible to leave.

Playing to a packed Massey Hall in Toronto on March 14, the Gipsy Kings spoke to the innermost being of those present, making a translation for their Spanish-from-France irrelevant.

With two new members - a keyboardist who was on fire and a conga player who called down the saints from on high - the Gipsy Kings drove the already passionate crowd to near ecstasy with their angst-ridden vocals, called out from the depths of their souls and the heart-felt vituosity of Tonino Baliardo's lead and solo guitar playing.

The audience was able to share in their intense and moving camaraderie almost as soon as the concert began. The Gipsy Kings sat around in a semi-circle and we were told to imagine we were outside a Gypsy caravan as they began to strum their guitars.

Another treat in their varied mosaic was maestro Tonino on solo guitar answering maestro new conga player, (sorry, I don't know his name), and he answering him in return. The depth and excellence of their performance brings to mind Ravi Shankar and his tabla player.

They did a few new songs which the fans hope to hear on their next CD, but mostly they thrilled us with selections from their recently-released CD, *Love and Liberte*, and old favorites from the last 10 years.

Our souls were touched by their sincerity and changed beyond recognition by the sheer beauty and passion of their music.

God bless the Gypsies, that long-persecuted race who finally received an ecstatic standing ovation.

Urge Overkill saturates sparse Palladium crowd

By CRAIG LITCHFIELD
Staff Writer

The Urge took over Toronto Sunday night.

Riding into town on their platinum-selling new album Saturation, Urge Overkill wowed a sparse, but boisterous crowd at the Palladium in Toronto.

Opening acts Red Red Meat, a gristly throbbing Chicago quartet, and Eugenius, four highly talented Scottish hooligans, had the mob whipped into a fine lather before Urge Overkill took the stage.

Red Red Meat had a rough start as many patrons were unfamiliar with their sound, but after two or three songs it was apparent the band was winning people over with their hypnotic guitar sound and the diminutive lead singer's droning vocal style.

Eugenius was very popular with the mosh set, sending bodies sailing with jangling riffs and crashing drums. The Glasgow lads have honed their act into a tough, tight, rock-o-rama and were running on all cylinders this night.

It was 10:30 p.m. when Urge Overkill took the stage to the obvious delight of the revved up multitudes.

For the next hour and a half the screaming, gyrating throngs were treated to a slick sonic blast of hyped-up pop-rock.

Vocalist/guitarist Nash Kato, with buggy-whip arms and heavy eyelids, churned out tune after tune of punky brilliance, with drummer Blackie Onassis and bassist/vocalist Eddie "King" Roesser laying down a solid foundation.

Kato had the crowd eating out of his boney hands throughout the show, and took them to another level with a frenzied version of their hit "*Sister Havana*."

Urge Overkill are a band known for their mythical raucous stage shows and Sunday night did nothing to dispel the myth.

Patron Saint honored on March 17

BY PEGGY TEDDER
Staff Writer

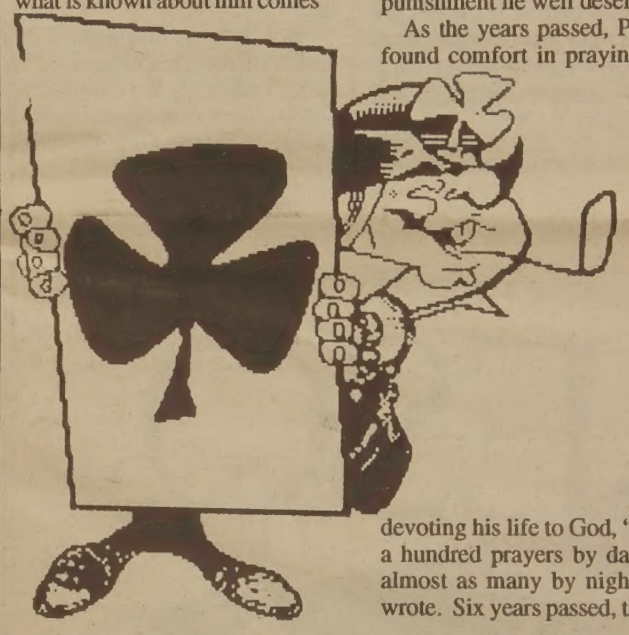
When the red and pink of Valentine's Day disappear, there is a burst of refreshing green - the color of Ireland and St. Patrick's Day.

Bright, rowdy and greener than spring itself, the Irish holiday on March 17 was a welcome announcement of the coming season. For Irish-Canadians this holiday is partly religious and partly festive. The festive side is the one known best to non-Irish Canadians.

So, before you lift that mug of green beer to "drown the shamrock" let's find out what the celebration is all about.

St. Patrick's Day and its symbols are, in part, the story of the Irish and the land many of them left behind to come to Canada. For when they came, they brought with them their patron saint.

Strangely enough, the patron saint of Ireland was not Irish himself. It is thought he was born in the British Isles. Most of what is known about him comes from his own "Confession" written in his old age.



Three centuries before St. Patrick's time, the Roman Empire conquered Britain. When Patrick was a boy, many people in Britain were Christians living under Roman rule. The Roman empire was near collapse, too weak to defend its holdings in distant lands and became easy prey for raiders, including those who crossed the Irish sea. The Irish raiders would land in their cowhide boats and creep up on a farm, looting it and taking slaves.

When Patrick was 16 he was seized and carried off to Ireland. Much of his time after that was spent alone on the slopes of Slemish Mountain, tending his master's flocks of sheep. Lonely and homesick he had plenty of time to think.

Before his capture, Patrick had broken God's commandments and had paid little heed to the priests who had tried to save him. His enslavement, he believed, was a punishment - a punishment he well deserved.

As the years passed, Patrick found comfort in praying and devoting his life to God, "I said a hundred prayers by day and almost as many by night," he wrote. Six years passed, then in a "vision" Patrick heard a voice saying, "Thy ship is ready for thee." This was God's way, he felt, of telling him to run away. Acting on the message, he headed for the Irish coast. There, as if by plan, was a ship ready to sail. Escaping captivity, he committed himself to a life serving God.

His years of slavery had deprived him of the education he now wanted. Having much to make up, he studied for several years in Europe until he had another "vision" where he heard the voice of the Irish, crying as with one mouth, "Come hither and walk among us."

This, Patrick took as a command from God to return to Ireland. He was being called on, he felt, to convert the pagans, as the Christian church often called people of other religions. He had a deep urge to be the saviour of the people who once enslaved him.

Over the years, he was a tireless and fearless missionary, and before long he was famous throughout Ireland. All those who devoted their lives to religion were known as saints. Saintly, yet human, he is loved by many who have come to know him through stories and poems and the celebration of St. Patrick's Day. Although, like any other leader who is loved and long remembered, Patrick was given credit not only for what he actually did but also for many other feats.

Ireland's patron saint became a symbol of Irishness. St. Patrick's Day became a time for expressing Irish unity and fighting spirit. According to the custom of the times it was celebrated not on the saint's birthday but the day of his death - March 17.

Covered with green valleys, fields and pastures, Ireland is known as the Emerald Isle.

Besides being a religious holiday, St. Patrick's Day came to be thought of as the beginning of spring. Green stands for nature and is the symbol of spring, although in the mild climate of Ireland, spring has arrived by March 17. An old Gaelic saying handed down down long ago says "St. Patrick's Day turns the warm side of the stone uppermost."

Could there be a sprightly leprechaun under that freshly turned stone?

If you capture one and keep your eye on him, he cannot vanish. He might even tell you where his pot of gold is buried, for this is what he uses as ransom.

The Irish, always in awe of their fairies, believe fairies sometimes kidnap brides and snatch babies from their cradles. Of all the Irish fairies, only the solitary little leprechaun has a place in St. Patrick's Day, usually because he is described as 'wearin the green,' a sign of hope and a reminder that the heroic Irish have sometimes survived on little more than hope.

As men and women gather at taverns and parties across the country to toast St. Patrick, it is a reminder that all of us, except for the native Canadians, were at one time or another, newcomers to these shores.

Grease is the word

By LEANN MCHUTCHION
Staff Writer

Everyone's favorite class of hub-cap stealing, hot-rod loving guys, and wise-cracking girls of Rydell High is coming to St. Catharines.

Garden City Productions will be presenting the 50s rock 'n' roll musical classic Grease April 15 to 30 at the Sean O'Sullivan Theatre, Centre for the Arts at Brock University.

The production is directed and choreographed by Diane Nyland Proctor, with Musical Director Chris Mounteer.

The production is a satirical look at the manners, morals and music of teenagers at the beginning of the rock 'n' roll era.

Centered on the attraction between hip Danny Zuko, played by Dean Jessome, and the wholesome Sandy Dumbrowski, played by Chelsea Smith, the play follows the two as they "learn that there is little virtue in virtue," according to a press release.

Musical highlights include such numbers as *Look at Me, I'm Sandra Dee, Grease Lightning , We Go Together* and *Summer Nights.*

The set for the production, including a car, was built through a co-operative venture with the Canadian Employment Centre and the Niagara Peninsula Industry Education Council. A group of 15 skilled out of work tradesmen helped to design, render blueprints and construct the sets as part of a course designed to give alternate career targets for the unemployed.

There are 12 scenes in this two act production that follow a year-book look at the kids of Rydell. The play has a full-fledged prom scene, a drive-in and the groups own "Grease Band," on stage.

Grease opens the first of its 11 scheduled performances on April 15. Tickets are available by calling the box office at Centre for the Arts at 688-5550 ext. 3257 at a cost of $16 for adults, $14 for students or senior and a rate of $12 for groups of 20 or more.

Baha'is celebrate spring equinox

By ADELE NAGY
Staff Writer

Naw-Ruz, which starts after sunset on March 20 - means new year and more to the Baha'is of Welland.

"Naw-Ruz is the new year for Baha'is," says Rohangiz Mohebati, 31, of 366 Thorold Rd., Welland. "It is the day when the equinox happens and it is the first day of spring. For Baha'is it is a holy day too."

She says Naw-Ruz is not only celebrated by Baha'is, but "it is a holy day that Persians are celebrating for more than 3,500 years.

"(In Iran) before Naw-Ruz people clean their houses thoroughly and grow some seeds, usually lentils or wheat, color eggs, buy new clothes and shoes. Persians make a table and they put seven edible things that start with "s" in Persian on the table. They also have the holy book and goldfish on the table plus the seeds they have grown and the eggs.

"(Then) the whole family sits around the table and waits for the equinox to happen and when the equinox happens, everbody gives each other a hug and says 'happy new year' and they try to forget all the unhappiness that happened last year and start the new year with good wishes and good things," she says.

Other customs in Iran include giving the children gifts of money, and visiting friends and relatives for 12 days. On the 13th day, everybody goes out for a picnic, Rohangiz says.

"In Iran, Zoroastrians, Muslims, and Baha'is celebrate Naw-Ruz," she says.

Masoud Mohebati, 30, is a Electrical Engineering Technology student at Niagara College in Welland. "Naw-Ruz means new day," he says. "For me, it is the Baha'i New Year's Day - the first day of spring. It is the time when everything renews. When the physical life renews and the year is renewed."

Masoud remembers how New Year's Day was when he was home. "This time of year is very beautiful in Iran, where I originally came from. There are beautiful flowers and the trees have blossoms and you get a very beautiful feeling. It's a time that we celebrate and visit friends and family, especially we visit the elders of the family first.

"It's also the time to forget about all our differences and bad memories and start the new year with our minds and hearts clear of all bad feelings," he says.

Rhodes scholar Naomi Wolf redefines the 'f-word'

By DIANA BERARDI
Staff Writer

Naomi Wolf is redefining the "F-word" and creating a new, all-inclusive feminism.

"Even if tomorrow we would get all of the equality legislation in the world...we would not be free or happy so long as we lack a positive female psychology," said Wolf to a sold-out audience of more than 1,000 listeners March 6 at the Parkway Complex in St. Catharines.

Wolf, 31, is an international lecturer and feminist, and the author of the best-selling novel, *The Beauty Myth* . Wolf's inspiration for her latest book, *Fire with Fire* , came after travelling all over North America and listening to women tell her they felt alienated from the word feminism.

The tremors of a "genderquake" were felt throughout North America as a result of the U.S. Supreme Court Justice Clarence Thomas hearings on charges of sexual harassment towards Anita Hill, said Wolf who designates Oct. 11, 1991, the day Hill testified, as the turning point in the women's movement.

... Wolf earns $10,000 a lecture, yet resents elitist labels placed on her.

As women began opening up to their power, a rift between the "F-word" and millions of women in North America who craved equality was exposed, said Wolf who went on to explain the reasons many women are feeling estranged from feminism.

"In the last 15 years, feminism has become a checklist of attitudes," she said, adding women feel they must be left-wing, pro-choice liberals to be feminists.

Anti-male and jargon-laiden terminologies toxified and internalized the language of equal rights. Beliefs that all men are evil and the penis is the enemy began to predominate many dark views of gender relations, said Wolf, refuting these claims with the fact that "a lot of women go home at night and feel the penis is their friend."

Some of the feminist behaviors Wolf feels are not working include:

* Portrayal of women as helpless victims and men as brutal beasts.

* Belief of only one way to be a feminist.

* View of power as innately male, and all structures and systems as patriarchal and corrupt.

"Power is neutral," she said, declaring power feminism — the struggle of women and men against gender and justice, over victim feminism — the struggle of women against men, as the way for women to move forward.

In events since Oct. 11, North American women have witnessed a voter uprising, new female elected representatives, new rules and attitudes about sexual harassment in the workplace, and a new Violence Against Women act.

During this genderquake, women began acting in unprecedented ways, said Wolf, attributing this behavior to three archetypes she calls:

1. Diana principle — principle of female retaliation
2. Sheba principle — principle of women using money and worldly power
3. Nike principle — principle of female victory

"When new archetypes of female power start to surface, women can imagine doing things and behaving in ways they couldn't imagine before," she said, referring to movies like Thelma and Louise as "the shot heard around the world," and the Bobbitt case as a fantasy projection of "watch out."

"We have entered, as women, a new historical era in which the tools to bring about political equality are now within our grasp," she said with an enthusiasm that captivated and entertained the audience, emphasizing women must stop waiting for equality to come and rescue them.

Women of all races are the majority, making up 51 per cent of the population, 54 per cent of the electorate, and outvoting men since 1980, she said.

A Rhodes scholar and graduate of Oxford and Yale Universities, Wolf earns $10,000 a lecture, yet resents elitist labels placed on her. Drawing a comparison to Martin Luther King Jr., she says people think it's elitist to talk about the electoral vote, write a book, and use big words, but King thought poor people were capable of discussing their political future in complex language and having complex ideas.

"The feminist movement is a civil rights movement which is about getting power to all women so they can decide their fate," said Wolf, expressing her annoyance that when women talk about getting money and power it suddenly becomes elitist.

Wolf was the first speaker in a series of lectures organized by Brock University and Grey Gables school. Some of the proceeds from this event will go towards a scholarship in women's studies at Brock University.

Naomi Wolf talks to the press at the Parkway Complex in St. Catharines.

Photo by Diana Berardi

College teachers tuckered out

By STUART MCDONALD
Staff Writer

Teachers are too tired to attend College Council meetings, says Joan Hastings-Dove, president of Ontario Public Service Employees Union Local 242.

College Council has 16 spaces available for faculty, but with three new members attending the March 16 meeting, eight vacant faculty positions remain.

"It's unfortunate that there isn't more participation," said Dove. "People would like to but they're exhausted at the end of the day."

Dove said she blames the provincial government's social contract for the turnout. "Faculty members are working to their maximum. They're tired," she said.

Hastings-Dove recently sent a memorandum to Niagara College faculty encouraging them to join council.

Faculty members Doris Evans, Eleanor Snider and Ron Patrick joined College Council for the March 16 meeting at the Welland campus.

The new additions are not enough, said council member Terry Mason.

"It's not tight enough yet. We still need more (faculty) on here," he said.

Region bus service improving

By CHRIS RUSSO
Staff Writer

If you travel out of the region on a regular basis using the transit system, then you're about to read some good news.

Trentway-Wager buses now has routes to Toronto available twice daily. Connections can be made in Toronto to a variety of other destinations including Sudbury, Ottawa and Montreal. Buses depart from the Welland Transit Terminal at 6:25 a.m. Monday to Friday, 7:35 a.m. weekends and holidays, and at 1:35 p.m. daily. Boarding also available in Port Colborne and Thorold.

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Women need niche to succeed at business in 90s

By DONNA DOLYNSKY
Staff Writer

Starting one's business can be intimidating at a time when plants, businesses and manufacturers are falling like dominoes.

"You have to find, then focus on a niche," said Eric Jones, of St. Catharines, a marketing consultant at a seminar for the new Business Opportunities for Women program.

Developed through the Niagara College Innovations Centre in St. Catharines and the Niagara Industrial Training Advisory Corporation (NITAC), the 20-week program that began on Jan. 24, is in full swing.

The first 10 weeks is scheduled for in-class seminars, research, computer lab and idea development while in the remaining 10 weeks students will pursue practical application of skills and tools with the assistance of advisors, other network business people and counsellors.

On March 4, a Canadian Press story said a joint labor-business report claims Canada will pay dearly in economic and social terms if women are left out of a restructured economy.

"Canada can ill afford to ignore the skills and commitment of half its population," says an independent think-tank of labor issues at the Canadian Labor Market and Productivity Centre in Ottawa.

"Women are very good at business and they will be the entrepreneurs of the 1990s," said Barb Okanik, business development officer at Ventures, at the St. Catharines campus of Niagara College, in an earlier interview.

Kelly Vanblaricum, 23, and her partner Vicki Blair, 29, share a vision of a craft fair.

"We want to supply crafts for customers - every kind of craft you can imagine," said Blair.

Working on their plan since October, they have for some time been involved in the research end of their project. The pair is now seeking an appropriate location.

"We've checked out some places along Lundy's Lane," said Vanblaricum, hoping they will be ready by May to open shop for this year's tourist rush.

The course, so far, has been helpful for Vanblaricum and Blair, they agreed, because of "a lot of good input just from the people in this class."

Other students are seeking strategies to market their ideas for a business such as selling creative woodworking goods, flower arranging, non-toxic agriculture products and international food catering.

Some students already have businesses up and running, but wish to participate to make sure they're on track by keeping with new marketing strategies. This is the case for art consultant Heather Rubin of St. Catharines.

Rubin, married, mother of two, has been in the art business for about six years. The former flight attendant of 11 years has travelled worldwide. Her exposure to different cultures and art-forms has inspired her idea to merge into her "niche" of the business world.

"I like things that make a statement," she said.

Original works of contemporary and abstract flavor were displayed throughout her showrooms. Collages, paintings, pottery, handblown glass plates, glass sculptures and wall-size creations made from sculpured canvas - were carefully placed to ensure a supreme display.

"I have a natural love for contemporary," Rubin said, "and enjoy art for what it is, rather than its history."

Her showrooms are mainly filled with original Canadian artists' work.

Rubin's husband Allan is fully supportive and occasionally contributes his own creative work of originally designed metal table bases.

While her business extends out of the showroom and into offices, businesses and homes, Rubin helps clients choose an appropriate piece of work and assists in the placement of these pieces.

Branching off into another venture, Rubin arranges home parties for Canadian hand-crafted designer jewelry. Much of the jewelry is made from leather, rubber, suede and metal.

"I'm selling big-city items in a small town - it can be difficult," said Rubin. She strongly believes her business has a "phenomenal potential" for success.

"I normally show clients through my showrooms by appointment," she said, adding this allows her to attend to individual needs and better service. It also allows her to spend extra time at home with her family.

"The course is designed to help students develop a business plan and many of the students are coming along quite well with their business ideas and plans," she said.

With her contemporary art business in her right hand and another recently developing designer jewelry business in her left, Rubin said the Business Opportunities for Women program will help her to "fine-tune" her existing entrepreneurial skills and update her knowledge with new marketing strategies.

'Women are very good at business and they will be the entrepreneurs of the 1990s,' Barb Okanik

The program is designed to enable participants to achieve self-reliance through self-employment training and help students focus on a viable business plan.

Jones explains how the customer comes first - even before you have a product. As the economic situation of an area changes, so do marketing techniques and strategies, he added.

The 15 women who attended leafed through the seminar package. Some appeared enlightened with the new information and some nodded with reassurance, while others looked puzzled.

Each person has a unique business situation which generates unique business problems, Jones said.

This program will give the necessary tools to work through these problems, but each individual must learn how to use them, he said.

V-ball Knights lose final two games

By CRAIG LITCHFIELD
Staff Writer

The Niagara Knights men's volleyball team had a "tough weekend" at the Ontario College Athletics Association Division 2 Finals, says coach Ray Sarkis.

Held Feb. 25-26 at Redeemer College in Ancaster, the tournament was dissappointing for the Knights as they lost both of their matches and left without a medal.

"Unfortunately we didn't play as well as we are capable of," says Sarkis.

The Knights met Fleming College in their first match, losing in five games.

"It was total inconsistency against Fleming," says Sarkis. "We didn't have the offence and the defence let down on crucial points."

The Georgian College Grizzlies would then maul the Knights in their second match, winning three straight games.

The squad, who had a promising start to the year, came up short in the second half of the season. The team lost some key players after the March break but Sarkis says that was not the reason the success petered out.

"The commitment wasn't there," says the coach sighting an unwillingness to practice hard. "If you don't practice as a team you won't perform as one."

There was one positive outcome to the tournament as Knight Jim Konrad was selected as a league all-star. The coach of each team nominates players deemed most valuable to the squad. Seven players are then selected as league all-stars and receive honor certificates from the OCAA.

Sarkis says he hopes a new season will bring a new attitude.

"So many guys (from this year's squad) are coming back, and with some new people maybe we can get back to our winning ways," he says.

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Quality of food equals quality of life

By SALLY BOND
Staff Writer

Our food choices can have a dramatic effect on the quality of our lives and may affect our predilection for disease and illness, says an award-winning dietitian.

Denise Beatty, recipient of the 1993 Ontario Dietetic Association Award of Honour, spoke to an almost 100-member audience at the St. Catharines Public Library March 10 as part of Niagara Region's Nutrition Month events.

The event was co-sponsored by the public library, Ross Laboratories Inc. and the Niagara Nutrition Month Council.

In a speech entitled "Healthy Eating for Women and Children", the registered dietitian/nutritionist and food columnist for the *Toronto Star* detailed the affects our eating habits have on our bodies and ways to improve our food choices.

Through inaccurate or muddled reports about nutrition in the media, Beatty said it is becoming "very confusing" for people to choose healthy foods.

Today, people are relying too much on herbs and vitamin supplements for nutrients, she said. Although they do have some health benefits, Beatty told the group these fads do not create healthy eating, only enhance it.

The need for women to improve their eating habits has gained importance as new research shows healthy eating and disease prevention go hand in hand, said Beatty.

She told the audience that heart disease is the No. 1 killer among women, a risk that increases following menopause.

"It is time for women to sit up and take note," Beatty said, adding more women die from this disease then men.

Food choices that may contribute to heart disease include diets high in fat and sodium but low in fiber and complex carbohydrates, she said.

Beatty then listed cancer as the second leading killer among women and said it too can be attributed to high fat, low fiber diets accompanied by excessive alcohol consumption and obesity.

Osteoporosis, a disease which slowly lowers bone mass and eventually causes increased susceptibility to fractures, affects 800,000 Canadians, most of which are women, Beatty said.

Proper nutrition is a "major factor" in the prevention of the disease, she said, and suggested women under the age of 30 should drink at least 700 ml of milk each day to help with calcium intake. Women over 30 years should increase that amount.

Healthy eating education must begin as early as childhood, said Beatty.

Children with poor nutritional habits may hinder their physical development and are more likely to have behavioral problems, she said.

These habits may also lead to eating disorders which, said Beatty, are a "widespread problem" in Canada.

Research shows healthy eating and disease prevention go hand in hand, said Beatty

Each year, Beatty said women, in particular, spend billions of dollars on diet products only to find the weight is usually gained back in less than a year.

People need to begin to focus less on dieting and concentrate instead on healthy eating, she said.

Beatty cited the 1994 Guidelines for Healthy Eating established by the Ministry of Health and Welfare Canada. Among its suggestions, Beatty listed:

*choosing a variety of foods from the four food groups to help avoid foods with lower nutritional value.

*emphasizing a diet high in fiber and grain products such as cereals and whole wheat breads.

*purchasing low-fat dairy products such as one per cent milk rather than whole milk

*reducing fat during food preparation by broiling, baking, or barbecuing rather than frying.

Beatty also said fat intake should be reduced to 90 grams a day for men between the ages of 25 and 50 and 65 grams for women in the same age group.

By reading nutrition labels on food packaging and eating less meat and more foods like pasta, beans, and rice, fat intake can be easily lowered, she said.

Through sensible choices and common sense, Beatty said everyone can become a healthy eater.

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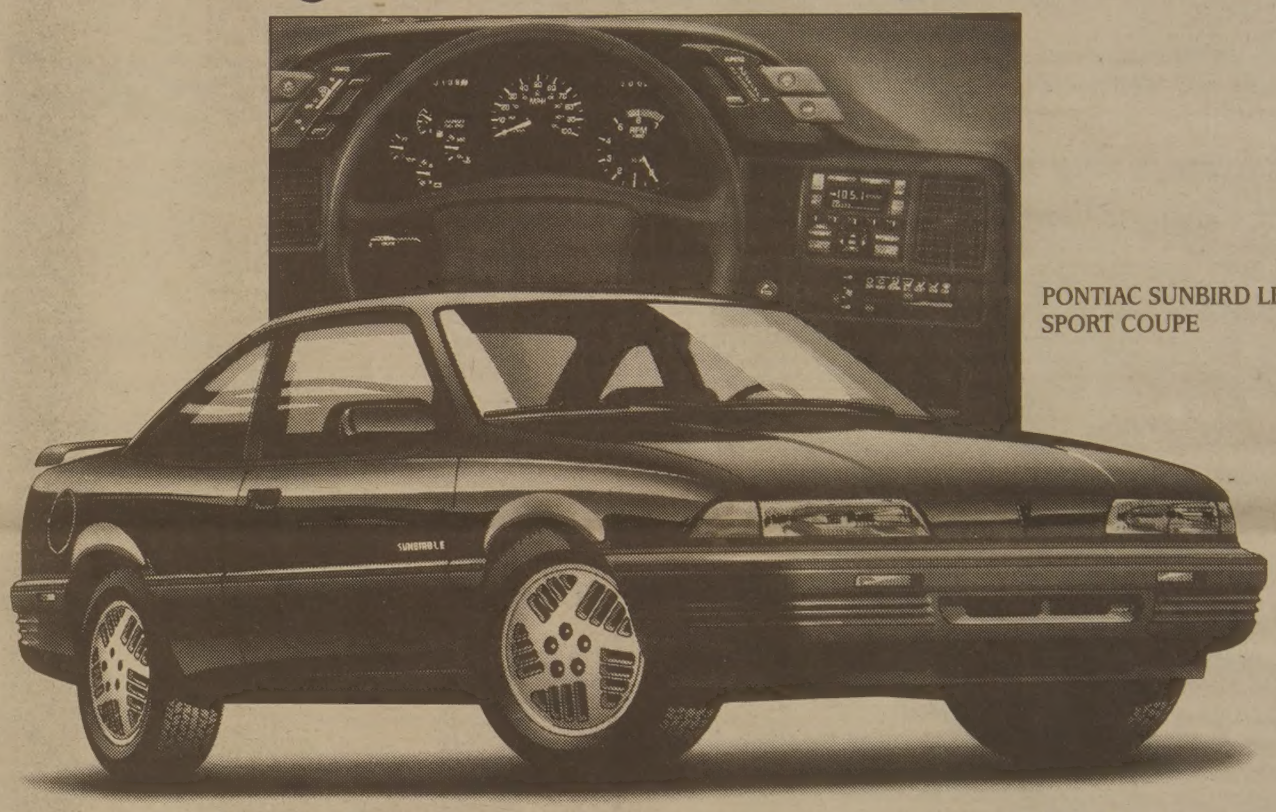

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New policy is causing problems for students

By CRAIG LITCHFIELD
Staff Writer

When Roy Macdonald entered Blockbuster Video, his aim was to simply rent a movie, but instead, he left movieless, feeling brow beaten and insignificant, he says.

" It was a full-fledged interrogation," says Macdonald, a 22-year old Niagara College student. "They wanted two pieces of photo identification, a major credit card, and my life story."

Macdonald found himself a victim of Blockbuster's new membership policy. The policy, which requires new members have a driver's licence and be major credit card carriers, was put into place early last year.

'It was a full-fledged interrogation' Macdonald

"The police recommended it," says Nancy Rece, an assistant manager at the Lincoln Street Blockbuster Video in Welland. "We were having problems."

The problems were coming in the form of late movies, unreturned movies, V.C.R.s and many unreturned video games and video game machines.

"It's mostly the Super Sega's (video game machines) that come up missing," says Rece.

The new policy is causing problems for many students who, because of poor credit or no credit history, cannot get major credit cards.

"I don't trust myself with a credit card, it makes it too easy to spend money I don't have," says Macdonald. "They should have some sort of deal for students where they can use their student's cards (in lieu of a credit card)."

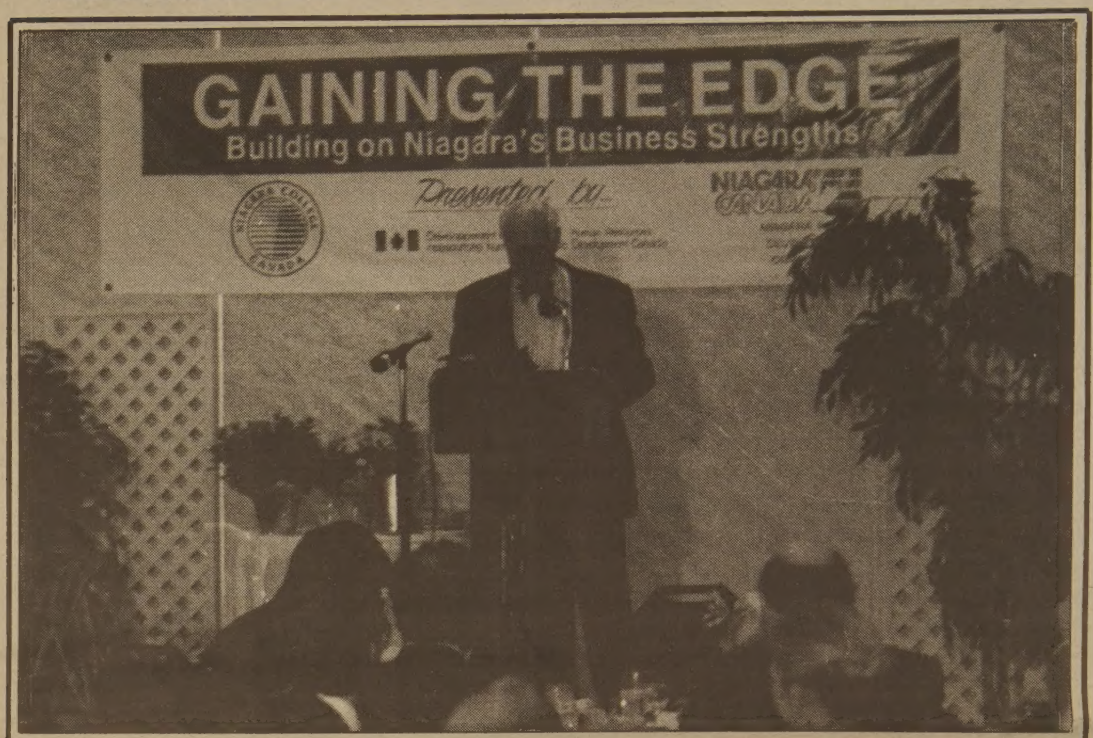
Rece says she doesn't think that will work.

"Since 1988 we personally have lost plenty. Hundreds of dollars," says Rece. "We have to have a saftey net."

Blockbuster is not alone in demanding credit card numbers from movie renters, Jumbo Video is also among the many video chain outlets to impose this new policy.

There are some smaller, privately owned stores who make access to movies somewhat easier, but the selection is poor compared to the big conglomerates, says Macdonald.

"I guess I'll just have to start reading books," he said.



Pierre Berton, award-winning Canadian author and historian, delivers a speech at Gaining the Edge: Discovering Niagara's Business Strengths conference. The conference was held Feb. 23 at the Ameri-Cana conference Centre.

Photo By Keith Hobbs

Berton opposes casinos in Niagara

By KEITH HOBBS
Staff Writer

Award-winning Canadian author and historian Pierre Berton doesn't want to see casino gambling in Niagara Falls.

In a speech delivered to the business leaders of Niagara Region, Berton struck out against plans to bring a casino to Niagara Falls.

Berton's address headlighted a conference entitled "Gaining the Edge: Building on Niagara's Business Strengths" held Feb. 23 at the Ameri-Cana Conference Centre in Niagara Falls. It was the third year the event was held.

Vice-chair of the Niagara Region Development Corporation, Dan Patterson began the day's events with an overview of why the conference is necessary in today's economy. Included were:

* a much-needed forum for Niagara to learn about it's economic strengths.

* a method to communicate the new ideas of local businesses and their successes.

* an arena for discussion about important economic issues facing the Niagara Region.

Patterson is also vice-president of Niagara College's Ventures division.

Berton's presentation delved into Niagara's rich and storied entrepreneurial heritage and ended with an attack on Niagara Falls' courtship with the idea of building a casino.

The audience of more than 200 applauded Berton when he stated: "If I were you, I'd resist with every atom of your being the founding of a casino here. It doesn't work. It doesn't belong.

"A lot of the attractions have nothing to do with the Falls...(and they) could be anywhere," said Berton. The best attractions are tied to the history of the Falls, he added.

Following his speech, Berton autographed copies of his best-seller "Niagara Falls: A History of the Falls."

Prior to Berton's speech, four seminars were held dealing with tourism in Niagara, the future of manufacturing in the area, home-grown entrepreneurs, and economic opportunities in Niagara.

The seminar on home-grown entrepreneurs was lead by Tony Rodway, president and general manager of Aero-Safe Technologies Inc. in Fort Erie. Rodway emphasized the need to diversify and be aggressive in the marketplace.

'It doesn't work. It doesn't belong'

Berton

"We have got our own product," Rodway said of the Niagara Region, "that is percision and skill." He added that operating costs and "the superb transportation network" were more than enough incentive to locate in the region.

The conference was co-sponsored by Human Resources Development Canada, Niagara College Ventures Division and the Niagara Region Development Corporation.

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Vancouver's Face of Fear rears its ugly head

By JENN SHERIDAN
Staff Writer

On Feb. 26, while thousands of Torontorians slept comfortably in their futons, a meaty, complex band reared its ugly head at the Naked Lunch. On their first Ontario tour, Face of Fear (FoF) were out to "amuse" themselves with angst and aggression.

"We amuse ourselves first," said guitarist and vocalist Bill Johnston. "If our music amuses other people too, that's cool."

Skinsman Chad Mareels, who was wandering around Bill scratching his head, adds, "we want people to like our stuff but we write for us first. I think we're still going to pull off some folk songs, believe it or not, and maybe some jazz stuff but we'll stay mostly heavy."

Springing from the Vancouver, B.C., scene one year ago, FoF (Bill, vocals, guitar; Chad, drums, vocals; Kelly Billups, bass) dissolved their backgrounds to form a labyrinth of hard-core progressive rock.

For Chad and Bill, touring in Ontario is like smelling an old shoe. Both began their musical careers in London, Ont., in the 80s, playing the seedy Ontario circuit. Chad's technical drumming genius developed through former bands, The Black Donnellys and Taplash, while Bill slashed through the thick with thrash band Maelstrom.

"I talked to Chad hours after I quit Chrome Dog," said Bill. "Chad and I got together, wrote a couple of songs and recruited Kelly a few days later. Generally, Chad and I sing the songs we wrote the lyrics for. We've got about 13 original songs, I wrote about 10 of them. I had about five left over from previous bands." In fact, the band's name evolved from one of those left-over songs.

FoF completed their self-titled, six-song demo, recorded at First Street Studios in Vancouver by Vince "the king" Gatti, in 10 hours over two days.

Flaunting years of confidence, Bill said, "We just put it down, get a sound and don't do a bunch of overdubs or solo breaks. We keep it simple so when we play live, we sound exactly the same."

FoF plan to record a second demo after returning to Vancouver to release their *Hold Your Breath* video. The video, produced by Phil Thompson, was shot in New Westminster, and at Bill's home, and has been digitized on a video toaster.

Songs like *Hold Your Breath*, which samples Jerry Springer interviewing la creme de la creme of likable scum, G. G. Allen, and *Hitler Was a Vegetarian*, are chronicles of FoF experiences. Those experiences, said Bill, have left some of their audiences spooked.

> 'G.G. is quite a bit like the person(s) we sing about in Hitler was a Vegetarian. He's a maggot.' - Chad Mareels

Bill's face distorts like a deer in headlights as he explains the effect of screaming "expose yourself to little girls" at mega-decibels. "You have to use that line in a song because it's so awesome. People get so anal retentive about words. They don't take things in the broader context. They don't hear sarcasm, and we're all really sarcastic." Bill said although G. G. personifies everything he hates, he can't help but like him.

"We are all victims of things we hate," said Chad with a sinister grin. "G. G. is quite a bit like the person(s) we sing about in *Hitler Was a Vegetarian*. He's a maggot. I think people are becoming more conditioned, getting use to gross stuff, but we're not in this to jump on the shock-value bandwagon."

"I don't give a (dung) if people don't like it," Bill said, "I don't offend people personally, but if the songs I write are offensive, too bad."

Shock value is not the only bandwagon FoF purposely avoids. Chad said Vancouver is over saturated with grunge and Sonic-Youth type music.

"The Seattle scene really helps the Vancouver scene because the attention is drawn to that geographical area but (Seattle music) has also overshadowed every other kind of music (like) the growing jazz and folk-rock scene." Chad's versatility allows him to appreciate all forms of music. "If it's good, it's good to me. It's pretty simple. Kelly's like me, he probably practices Spanish-classical guitar more than he practices bass. What ever turns your crank."

FoF are a minority in all six of the city's clubs, playing with mostly punk and metal bands. "There's no place, if you want to see a hard-core band, to go," said Bill. Surprisingly, in a city of 700,000 people, the metal scene is non-existent, said Bill, adding, "That's why we come here."

"Metal isn't very big in Canada and we're not completely metal," said Chad. "We all love Slayer, Black Sabbath and Soundgarden. If it's good, it's good."

"Chad and I knew each other before we moved out to Vancouver and we both liked sort of semi-hippie music and really intense, thrashing music," said Bill. "Kelly's a little younger than us. When he started playing guitar, he was into Metallica and stuff, and when Chad and I started playing, we were listening to Black Sabbath, so our influences are a little different. Since Chad and I do a large percentage of the writing, the songs come out sounding okay."

Despite the image of a band succumb to the touring itch, FoF have other "stimulating" adventures waiting for them back home. Both Chad and Bill work in psyche nursing and Kelly is a Criminal Pathology student at Simon Fraser University.

"We're actually educated people," said Chad with anti-prejudicial conviction. "We're not dummies. We may sound like a bunch of arrogant, angry (jerks), well, we are, but at the same time we work with people who are down on their luck."

"I'm not going to kill myself because I have no other means of support," reflects Bill. "We all have stimulating jobs that we like. Over the past few years my attitude has developed to who gives a (dung) what people think, to just do it. If it costs a couple of bucks, who cares. You're just going to blow your money anyways."

Face of Fear members, Bill Johnston (at left), Kelly Billups and Chad Mareels, are returning to Ontario this summer.

Kelly jumps in with a sarcastic, but harsh, "this is not my life." He's realistic, and said whatever happens, happens.

"I'm convinced the only way to get signed is to not care if you get signed," squawks Bill, adding, "so I currently don't give a (dung) if I get signed."

The trio are not out to follow a set of rules set by someone outside the band. They believe they have the talent to make it on their own, and their alluring blend of sarcastic, complex aggression proves it.

"We're not King Crimson or Frank Zappa but I think we've got a fair bit of talent," said Chad, scratching his head. "There's just so many bad vibes going around today, it's hard not to grind your teeth."

"We hate first and ask questions later," said Bill with crass sarcasm. Suddenly, Kelly shifts forward, offering one of his few puzzling remarks.

"See, that's where I have a problem with these guys," Kelly grunts. "I'm a real people person. I like everybody."

Not certain if I should laugh or hide behind my note pad, I called it quits. I'm sure, on my face, was a sudden flash of fear. Go figure.

If all goes well with their video release, FoF plans to return to Ontario this summer. You've been warned.

• STUDENTS • STAFF • FACULTY •

"You may be closer to earning a university degree than you ever imagined!"

At Empire State College, students design their own program of self-directed study with the guidance, direction and support from faculty mentors.

Dr. Peter Murphy,

Associate Dean of Empire State College, Buffalo campus, will host an information session on degree opportunities at the college. This session will be attractive to faculty, staff and students who wish to pursue university undergraduate or graduate studies but require more flexibility in programming and time frames.

As an example, students who have completed a six semester program of study (business or technology) at Niagara College, could complete a degree in two semesters through Empire State. You owe it to yourself to find out more.

Monday, March 28, 1994
3:30 - 5:30 p.m.
Tecumseh Lounge
Welland Campus

If interested, contact Dave Robinson-Co-op Ed, Ed Wilson- H.R. or Brigitte Chiki-Counselling

Changes to Financial Aid, Admissions departments

By CHARLIE KOSCAK
Staff Writer

The Admissions and the Financial Aid departments now act as "one stop shopping" for students.

"Admissions and Financial Aid now come under one umbrella," says Elaine Grandmaison, the assistant registrar of Admissions and Financial Aid — a new position created Jan. 1.

The amalgamation is to improve the efficiency of the departments and to serve students better, says Grandmaison.

More than just a name change has occurred. The departments occupied the same area, but office furniture has been moved into a more efficient layout.

No jobs were lost, or gained, says Grandmaison, but job descriptions have changed.

"Advisers each have their own office, and we have frontline people now and a little-switchboard operator," she says.

"It's become apparent that we had to organize a little bit differently to be sure we can be as efficient as possible."

Another change is the role advisers have on the counselling of students. Advisers see students on a one-to-one basis and can give advice regarding financial aid and about different programs.

The change allows a more personal approach for the students.

The front desk at the Hennepin building is to answer short questions, accept forms or handle other quick administrative tasks, says Grandmaison.

However, if it appears a student's needs may require more time or more privacy, the student will be encouraged to schedule an appointment.

Grandmaison says students were often sent back and forth between Financial Aid and the Admissions desk before the change — a distance of about 30 feet.

"Initially, there was a sense of being overwhelmed," she says of the staff's reaction.

Each department had to learn about the other's operation. Staff members attended twice-weekly training seminars for six weeks, says Grandmaison.

"The role of every individual (in the office) has changed."

Kidney Foundation's 30th fundraising drive for hope

By CHRIS RUSSO
Staff Writer

The Niagara District Chapter of the Kidney Foundation of Canada needs volunteers for the 30th anniversary of its annual fundraising drive.

The focus of this year's campaign is "Give All the Hope You Can." The Prudential Insurance Company and Niagara Credit Union (NCU) have joined forces with the foundation for this year's campaign. Five regional offices of the Prudential and all 14 branches of the NCU will be used as kit drop-off centres for volunteers who have completed their canvass routes.

The coast-to-coast drive attracts about 65,000 volunteers each year in an attempt to raise money for the foundation. This year's goal is $5 million, $1 million more than was raised last year.

The foundation uses these donations to fund research projects as well as to support kidney patients and their families. Since the foundation was formed 30 years ago, transplants have become more popular and dialysis treatments have become easier for patients.

There are about 14,000 Canadians suffering from kidney disease and kidney related illnesses. The Niagara Region is home to about 120 dialysis patients and 80 transplant recipients.

For more information on becoming a "Hope Giver," contact the Niagara District Chapter office at (905) 641-8771 or 1-800-263-KFOC.

Alternate Response new for NRPS

By TOM BRANK
Staff Writer

In conjuction with police forces across Canada, Niagara Regional Police Services have begun testing a new police response service called *Alternate Response*.

The system, initiated March 6, 1994, means a cruiser police officer will no longer personally respond to routine calls if there is no immediate danger or crime in progress, a press release stated last week.

Instead non-priority calls will be directed to police officers on the *Alternate Response Unit*, who handle the calls by telephone.

The cost-effective system allows police officers to respond to emergency calls without unnecessary delays, especially on busy weekends.

In a two-year survey conducted by the Niagara Regional Police Services, 86 per cent of Niagara Regional citizens said they would accept police handling complaints by telephone as an alternative to having a police officer personally respond.

Calls given to the *Alternate Response Unit* are ones in which:

* there is no imminent danger
* there is no need to protect the scene for evidence or further investigation
* the complaint is late and there is no advantage for immediate police response

Non-emergency calls no longer receiving on-the-scene police response will include minor collisions (damage under $700), obscene phone calls, noise complaints, minor thefts, traffic complaints, accidents on private property and trespassing complaints.

Incidents forwarded to the *Alternate Response Unit* will be judged by police dispatchers with safety being the main concern. If dispatchers have any doubt, the call is treated as a crime in progress.

Alternate Response Units operate 7 a.m. to 10 p.m. daily and are located in St. Catharines, Niagara Falls and Welland.

HOP INTO THE SAC

(Student Administrative Council)

• REWARD • OFFERED

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THIS WEEK'S COMING EVENTS:

• Coming Soon •

Year End Bash tickets will be on sale.

First 200 people to buy tickets will receive a **FREE** hat

•CONGRATULATIONS•

To the following Niagara College teams:

- To the Niagara Knights hockey team for the OCAA Silver Medal!
- To Sean Ellis, back-to-back OCAA Badminton Champion
- Niagara Knights touch football OCAA Gold!
- Niagara Mixed Curling OCAA Silver Medal!

REMINDER TO ALL ATHLETES &COACHES...
ATHLETIC BANQUET
MARCH 29!!!

Thanks to the Atlas Hotel for their donation of *TROOPER* tickets

SAC...WHAT CAN WE DO FOR YOU!?

Norway Olympic games will not be forgotten

By LEANN MCHUTCHION
Staff Writer

Surrounded by controversy, the Winter Olympics in Lillehammer, Norway were games not soon to be forgotten by anyone.

People throughout the world watched as skier Edi Podivinsky took the bronze medal in the men's downhill, winning Canada's first medal of the Games.

Canadians kept their eyes on hockey as team Canada, throughout the two-week long event, and fans rejoiced as they entered the gold medal round. Canada awoke early that Sunday morning to see a breathtaking game that was forced into overtime, only to be disappointed when Sweden took the gold in the sudden death shoot-out.

Canadians seemed to be robbed of the gold medal in figure skating every time we turned around. Lloyd Eisler and Isabelle Brasseur were robbed, and, in my opinion, professional teams such as gold medal winners Gordeeva and Grinkov should not be allowed to return to amateur status just for the Olympics. Both couples who beat out the Canadians were former professionals, and as Eisler said in an interview with CTV's Rod Black after the medal presentations, "to me this is gold." I believe, and many people I have talked to, say they think Brasseur and Eisler would have won the gold if not for the professionals.

Our hearts sank as gold-medal hopeful Kurt Browning fell during the technical program, then watched as he struggled to remain composed through his interview with Black. Faxes were sent to Lillehammer's Olympic Village to show Browning that he had not let the country down.

Elvis Stojko showed how great he really is by giving an almost flawless performance in both the technical program and freeskate. However, he won only a silver medal. It has been analyzed and re-analyzed why this happened. The theory I support is by combining his martial arts training with his figure-skating program, his performance was considered too radical for the conservative figure-skating judges.

It is my opinion that double gold winner Myriam Bedard should never have been allowed to compete for Canada. The woman may be a top athlete, but she is a known separatist. Why she would even want to compete for Canada is beyond reason.

After all of the controversy that surrounded Tonya Harding and Nancy Kerrigan in the pre-Olympic media blitz, it was a relief to see the attention taken away from them for at least a few minutes.

I'm sure everyone who is as tired of the controversy as I am was thrilled to see Harding having such problems with her skate lace before the competition, then break into tears on the ice. I disagree with the judges decision to allow her to fix her skate and return at the end of the set for her long program, forcing Canadian Josee Chouinard to take the ice about five minutes before she had expected to. Being rushed onto the ice early is something that no skater needs. There isn't time to focus on what they are about to do. After falling more than once, Chouinard seemed very disappointed as she announced to the world in her interview with Black that the Games were to be her last trip to the Olympics. It appears that everyone touched by Harding has a run of bad luck.

All in all the competition was very exciting, and I'm sure no one will forget all the controversy that surrounded them. I know that in the years to come there will probably be more Olympics just as exciting as these one, but for sports fans everywhere the Games are the ultimate in sports competition.

Food bank remains open another 10 days

By ANGELA KOTLARZ
Staff Writer

Niagara College's bank is still open for business- the college's food bank that is!

Brigitte Chiki, a Niagara College counsellor, said there is still a lot of food left from this year's annual Food for Friends food drive.

"We'd rather give this food to the students, but otherwise we'll be donating it back to the community," said Chiki.

She said students requiring assistance should stop by the counselling department, at the Welland campus (ME103), within the next 10 days.

"After this 10-day period, students will have to access the food through the Open Arms Mission in Welland," Chiki said.

Niagara faces more funding cuts

By STUART MCDONALD
Staff Writer

The squeeze at Ontario colleges is still on.

Provincial government funding to colleges will be cut by three per cent, said Niagara College President John Saso at Wednesday's College Council meeting.

The three per cent cut will cost the college about $1 million, said Saso, who added "this college will do well in finding the money to avoid layoffs."

"There are one or two programs on the line," said Saso, adding no final decisions on program cuts have been made.

Mohawk College Board of Governors announced March 10 they will cut 114 positions, including 82 faculty, beginning April 1. Mohawk is dealing with a deficit of $5.5 million.

Niagara's deficit is "$2,169,000 as of March 31, 1993," said Vice-President, finance Hans van der Slagt. "As of December 1993 there is a projected surplus of $68,000 making our accumulated deficit $2,101,000."

"Our intent is to bring in a larger surplus this year by another $177,000," said van der Slagt. "That's our goal. It's a little early to confirm that."

St. Lawrence College in Brockville will eliminate 119 college jobs and Sheridan College in Oakville will cut 30 positions, Saso told College Council.

Saso said Niagara is the "most disadvantaged of the colleges in the system."

He said 15 Ontario colleges receive special allowances from the provincial government, including the Northern Allowance the Geographical Allowance and the Economies of Scale Allowance. The total allowances amount to $29 million of which Niagara receives nothing, said Saso.

Saso also told College Council there may be no Rae days for Ontario college employees in the 1994-95 academic year.

Rae days are unpaid days off imposed by the provincial govenment on public workers to save the government about $2 billion.

The Council of Presidents made a recommendation to eliminate Rae days for this academic year to the Council of Regents, which represents all colleges in the province.

Joan Hastings-Dove, president of Local 242 of the Ontario Public Service Employees Union, representing faculty at Niagara, said she was pleased with the decision.

"I'm very pleased with the news and all the faculty will be delighted to hear that," said Hastings-Dove.

Earlier this week, provincial Minister of Education and Training, Dave Cooke, defended the social contract saying it allowed the province to make badly needed savings without laying off as many as 40,000 public sector employees.

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